ANNUAL REPORT 2020-21











HEALTH & CARE FOUNDATION

Indukaka Ipcowala Seva Sansthan

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Dear Friends and Well Wishers

We are immensely pleased to present our Annual Report detailing our activities during the year 2020-2021.

Suddenly and unexpectedly, in the month of March 2020, entire world started facing a major health crisis with COVID-19 pandemic. Due to COVID-19 pandemic, prevention, treatment services for non-communicable diseases (NCDs) and planned surgeries for needy patients had been severely disrupted worldwide. This situation was of significant concern because people living with NCDs were at higher risk of severe COVID-19-related illness and death.

During this time, we started telemedicine services - agile and digitally connected to the patients, and we have been humbled by the response. During Lockdown, we ran our dialysis department, Retinopathy of prematurity unit, pathology laboratory, psychotherapy & generic medical store.

All along we had been maintaining COVID-19 protocols so that the safety of the non-COVID-19 patients was not compromised. We organized training for the staff - doctors, nurses and housekeeping staff to avoid risk of COVID-19 at our hospital. This had helped us to make our facilities completely safe for the treatment of normal medical and surgical procedures as they arised.

The entire Health and Care Foundation Family has risen to the challenge of caring for non-COVID patients. We would at this time, wish to acknowledge the efforts of our doctors, nurses and support staff who have shown strong determination and dedication in performing their duties. This gives us the confidence that we can overcome any challenge that may come our way and enable us to serve the needy patients.

In our efforts to reach out to more people in their needs, during last year, we launched project JATAN in partnership with MANAV SADHANA TRUST in which holistic development of children, women and community on whole to be done including distribution of nutritional food & medicine.

Due to COVID-19 pandemic and strict Government travel & other guidelines, footfalls of patients were highly affected at HCF hospital.

The success of Health and Care Foundation Hospital has always been about teamwork. We want to place on record our sincere appreciation and gratitude for all the hard work and support of Trustees, all Committee Members, YUVA team, esteemed Donors, Government of Gujarat, Ahmedabad Municipal Corporation, AUDA, Expert Doctors, staff, volunteers and other organizations which have helped us to be to where we are today.

Our warm regards for all.

Dr. Kalpan Desai Trustee & Hon Secretary Dr. Bharat Bhagat Chairman Dr. Prakash Bhatt Trustee & CEO



HEALTH AND CARE FOUNDATION HOSPITAL SALUTES THE WARRIOR OF COVID-19

We salute and appreciate the Doctors, Para Medical staff and all those who supported the mankind in the entire world to come out from this pandemic by treating the patients by putting their duty first during such critical situation.

And at same breath, we convey our sincere thanks to those who helped us to continue emergency services in our hospital during COVID – 19 Pandemic.

COVID VACCINATION PROGRAM AT HCF



The global pandemic has already caused loss of hundreds of thousands of lives and disrupted the lives of millions more. Vaccines invented by the scientists have started helping the human race to defeat the pandemic.

At HCF we organized Covidvaccination program for 4 consecutive months and supported 4600 persons to get vaccinated. Under this program Medical, Para-medical staff, Front-line workers, senior citizens and co-morbid persons were benefitted.

HELPING PATIENTS BY PROVIDING OXYGEN CONCENTRATOR

During COVID-19 situation in the country, the demand for oxygen supplies had increased, as a large number of patients gasping for breath while down with corona and their relatives were found queuing up outside hospital premises; there were also a substantial number of infected individuals, who got themselves treated at home wanting supply of Oxygen.

HCF tried its best by arranging significant number of Oxygen Concentrators supported by different donors and helped needy patients in home isolation by providing Oxygen concentrators.



FOOD DISTRIBUTION

During the Corona Pandemic situation, with support of kind donors, HCF distributed approx. 13000 Meal packets to needy poor people in different areas of Ahmedabad to help them fighting hunger.





NATIONAL HEALTH MISSION DISTRICT EARLY INTERVENTION CENTRE APPROVED BY GOVERNMENT OF GUJARAT UNDER RASHTRIYA BALSWASTHY KARYAKRAM (RBSK) FOR TREATMENT OF CONGENITAL BIRTH DEFECTS AND OTHER PEDIATRIC CONDITIONS

Considering the expertise of Health & Care Foundation Hospital in the field of congenital birth defects and other pediatric conditions, Government of Gujarat has given approval to the hospital of DISTRICT EARLY INTERVENTION CENTRE since 2015; under this banner, the hospital has been rendering complete diagnosis, treatment and surgery for 28 types of congenital birth defect totally free of cost to the patients up to 18 years of age.

DEFECTS AT BIRTH

- Neural Tube Defect
- Down's Syndrome
- Cleft Lip & Palate / Cleft Palate alone
- Clubfoot
- Developmental Dysplasia of the Hip
- Congenital Cataract
- Congenital Deafness
- Congenital Heart Diseases
- Retinopathy of Prematurity

DEFICIENCIES

- Anaemia especially Severe Anaemia
- Vitamin A Deficiency (Bitot spot)
- Vitamin D Deficiency (Rickets)
- Severe Acute Malnutrition
- Goiter

CHILDHOOD DISEASES

- Skin conditions (Scabies, Fungal Infection and Eczema)
- Otitis Media
- Rheumatic Heart Disease
- Reactive Airway Disease
- Dental Caries
- Convulsive Disorders

DEVELOPMENTAL DELAYS AND DISABILITIES

- Vision Impairment
- Hearing Impairment
- Neuro-Motor Impairment
- Motor Delay
- Cognitive Delay
- Language Delay
- Behaviour Disorder (Autism)
- Learning Disorder
- Attention Deficit Hyperactivity Disorder

Congenital Hypothyroidism, Sickle Cell Anaemia, Beta Thalassemia (Optional)



SHANTABEN KANTIBHAI PATEL (PATDIWALA) PEDIATRIC ORTHOPEDIC UNIT

The Pediatric Orthopedic Unit at HCF provides a broad range of care for congenital birth disorders of the skeleton, joints and muscles in children. The hospital has all the facilities to perform such surgery, including the modern operation theater with modern equipment. After surgery, we also provide calipers as per the requirements of beneficiary.



Before Operation



After Operation



With Splint

Statistics

| New Beneficiaries | 515 |
|----------------------------|------|
| Old Beneficiaries | 500 |
| Total Beneficiaries | 1489 |
| Corrective Surgeries | 87 |

Pediatric Orthopedic Surgeons

| Dr. Maulin Shah | Dr. Kamlesh Devmurari | Dr. Prakash Chauhan |
|-----------------|-----------------------|---------------------|
| | | |

Orthopedic Surgeons

| Dr. Kalpan Desai | Dr. Divyang Dave | Dr. Nitin Goswami | Dr. Manish Mistri |
|-------------------|---------------------|-------------------|-------------------|
| Dr. Pragnesh Shah | Dr. Pulak Godiawala | Dr. Ashish Shah | |



SUSHILABEN MANUBHAI PARIKH CLUBFOOT CLINIC

Clubfoot is a congenital deformity in which an infant's foot is turned inward and downwards. It is not painful during infancy. However, if child's clubfoot is not treated, the foot will remain deformed, and he or she will not be able to walk normally. Approximately one infant in every 1,000 live births is likely to have clubfoot deformity.

At HCF, clubfoot deformities are successfully corrected with non-surgical Ponseti methods; baby's foot is gently stretched and manipulated into a corrected position and held in place with a long-leg cast (toes to thigh). For most infants, this improvement takes about 6 to 8 weeks followed by splints and physiotherapy. After casting period, few number of babies require Tenotomy surgery to release tightness in the Achilles tendon.



Before Treatment



Ponseti Plaster



With Splint

Statistics

| New Patients | 97 |
|--------------------------------|-----|
| Follow-up Patients | 107 |
| Total Screened Patients | 229 |
| Ponseti Plaster | 146 |
| Tenotomy | 33 |

Pediatric Orthopedic Surgeons

| Dr. Maulin Shah | Dr. Kamlesh Devmurari | Dr. Prakash Chauhan |
|-----------------|-----------------------|---------------------|
| | | |



DR. NITIN SUMANT SHAH SPINAL CORRECTIVE UNIT SUPPORTED BY HEART FOUNDATION & RESEARCH INSTITUTE

Spinal column provides the main support to human body, allowing them to stand upright, bend, and twist, simultaneously protecting the spinal cord from injury. These structures affected by strain, injury, or disease can affect normal life.

In our spine department, we take care of children, suffering from congenital spine birth defects by investigation and treatment and corrective surgery is performed by expert surgeons in modular operation theater with modern equipment. Surgeries are critical, with duration of around 4 to 8 hours depending on severity and these are expensive. In our hospital, surgeries below the age of 18 years are done free of cost and for others MAA or PMJAY cards are accepted, and if not then surgeries are done at highly concessional cost.

Every year, team of Spinal Experts comes from USA & UK to perform critical spinal surgeries free of cost supported by IASA – USA to help the needy patients.









Before Operation

After Operation

Statistics

| New Patients | 29 |
|--------------------|----|
| Follow-up Patients | 20 |
| Total Patients | 88 |
| Surgery done | 09 |

Doctors

| Dr. Amit Jhala | Dr. Dhruv Patel |
|----------------|----------------------------------|
| Spine Surgeon | Minimally Invasive Spine Surgeon |



CLEFT LIP & CLEFT PALATE

Cleft lip and palate are one of the most common birth defects. Cleft lips mostly seen in boys, while cleft palate is seen in girls and occurs about 1 to 2 per 1000 births in the world. Cleft lip and palate is surgically repaired in Health and Care Foundation hospital totally free of cost under expert plastic surgeons and supported by THE GUJARAT CLEFT AND CRANIOFACIAL RESEARCH INSTITUTE. Surgery can significantly improve child's appearance, quality of life, and ability to eat, breathe and talk.





Before Operation

After Operation

| Statistics | |
|----------------------|----|
| New Patients | 22 |
| Follow-upPatients | 3 |
| Corrective Surgeries | 3 |

| Plastic Surgeons | | |
|-------------------|-------------------|-----------------|
| Dr. Himanshu Vora | Dr. Rutvij Parikh | Dr. Ravi Kalola |

SHAH CHIMANLAL CHHOTALAL LOKHANDWALA CHARITABLE TRUST CEREBRAL PASLY UNIT- JIVRAJPARK CENTER

NIKOL UNIT SUPPORTED BY
LATE DR. J C SHAH & AHMEDABAD MUNICIPAL CORPORATION
DAY CARE CENTER SUPPORTED BY
SMT. SHANTABEN JAYANTILAL CHOKSHI, C/O. SHRI J. J. CHOKSHI

Our foundation has been running units for cerebral palsy children, which is usually neglected by community. Under this unit, we have been providing a variety of therapies which help to maximize their abilities and physical strength, prevent complications, and improve their quality of life and expert doctors perform regular diagnosis of the children to ensure their assessments and proper rehabilitation.





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Statistics

| New Patients | 159 |
|---|-----|
| Follow-up Patients | 127 |
| Total Patients | 518 |
| Surgery (With Botox injection) | 04 |
| Therapy taken at Daily basis | |
| Registered children - Jivrajpark Centre | 83 |
| Registered Children Nikol Centre | 23 |

THERAPIES PROVIDED

| | Jivrajpark | Nikol |
|-----------------------------|------------|-------|
| Physiotherapy | 4373 | 1874 |
| Occupational Therapy | 4877 | 1482 |
| Sensory investigations | 3395 | 222 |
| Day care unit | 463 | - |
| Early intervention | 6145 | 1047 |
| ADL | 684 | 343 |
| Play therapy | 1151 | 505 |
| Home bound program | 0 | - |
| Speech therapy | 0 | |
| Developmental paediatrician | 0 | |
| Psychological assessment | 11 | |

DOCTORS

| Dr. Vipin Naik | Dr. Varsha Tripathi | Dr. Nitish Vora |
|------------------------|---------------------|---------------------|
| HOD | Neuro Physician | Neuro Physician |
| Dr. S. R. Apte | Dr. Rajnikant Shah | Dr. Harshruti Shah |
| Occupational Therapist | Paediatrician | Neuro Physician |
| Shri Sanket Shah | Dr. Harsh Patel | Dr. Prakash Chauhan |
| Speech Therapist | Neuro Physician | Orthopedic Surgeon |
| Shri Santosh Kumar | Dr. Deepika Jain | Dr. Anand Ayer |
| Audiologist | Developmental | Neuro Physician |
| | Paediatrician | |



NEW CP CENTERS IN ASSOCIATION WITH GOVERNMENT OF GUJARAT (GOG)

HCF and GOG initially launched six Cerebral Palsy pilot centers which are surveyed by Health and Care Foundation.

These centers are;

- 1. Tarapur CHC
- 2. Kadi CHC
- 3. Nana Podha CHC
- 4. Jam Jodhpur CHC
- 5. Karjan CHC
- 6. Gadhada CHC











LATE SHARMISHTHABEN MANUBHAI SHAH (BADARPURWALA) AUTISM UNIT

Autism is a complex neurological disorder impacting the normal development process of the child. Its manifestations are impairment in social interaction, impairment in communication, restricted interests and repetitive behavior. Autism Unit is fully conscious of this and is giving emphasis on creating public awareness in this regard, besides providing effective intervention to the special kids having autism disorder. Our intervention covers Behavioral Therapy, Speech Therapy, Social skills training, Yoga and meditation Therapy, Sensory Integration (S.I) Therapy, and learning Alternative mode to develop communication skills.



| New Patients | 16 |
|---------------------------|----|
| Continued Patients | 35 |
| Total Patients | 51 |

Doctor

| Dr. Darshana Vora | |
|-------------------|--|
| Autism Specialist | |

SHREE GUJARAT VAISHYA SABHA VOCATIONAL TRAINING CENTRE

Vocational Training Center helps in developing grown up special child's unique capabilities while helping them achieve economically independence. In this department, we train disabled & mentally retarded persons above the age of 18 years to prepare different items such as Paper Bags, Rakhis, Foot Mats, Diyas etc. for Corporates as well for individuals.

| Diya - made | 19569 |
|------------------|-------|
| Paper bag - made | 3540 |
| Doormats - made | 21 |
| Rakhadi | 329 |







PRAVINBHAI BALUBHAI CHARITY TRUST OPHTHALMIC DEPARTMENT

Eyes are our windows to the world. They are the way to all the natural and healthy beauty around. As we know eye is one of the important parts of our body, we provide all facilities under single roof for prevention of blindness through investigations, treatment and advanced surgery for all age group of patients either free of cost or at highly affordable cost with help of modern equipment and expert surgeons.



| General Ophthalmic OPD : - | |
|----------------------------|------|
| New Patients | 1162 |
| Follow-up Patients | 2002 |
| Total Patients | 4201 |
| Cataract Surgery :- | |
| Paediatric | 21 |
| Adult | 242 |

DOCTORS

| Dr. Anil Shah | Dr. Shefali Maheswari |
|-------------------------|-----------------------|
| General Ophthalmologist | Cataract Surgeon |

CORNEAL GRAFTING UNIT

Corneal disorders if severe make the cornea cloudy, scarred, and distorted, eventually leading to vision loss. Cornea transplant becomes necessary if eyeglasses or contact lenses can't restore your functional vision or if painful swelling can't be relieved by medications or special contact lenses. Corneal Grafting surgery involves surgical removal of the unhealthy cornea (either total or partial) and replacing it with a healthy, transparent donor cornea (complete or partial). In this unit, Expert surgeons perform cornea grafting surgeries free of cost. Shri Gautambhai Majmudar of C S Samariya Red-cross International Eye Bank of



Before Operation After Operation

Ahmedabad has been supporting us by providing the eye balls without any charges.

Statistics

| New Patients | 13 |
|--------------------|----|
| Follow-up Patients | 42 |
| Total Patients | 71 |
| Surgery | 02 |

DOCTORS

| Dr. Beena Desai | Dr. Sonal Suri |
|-----------------|-----------------|
| Corneal Surgeon | Corneal Surgeon |





GLAUCOMA UNIT

Glaucoma is a group of eye conditions that damage the optic nerve, the health of which is vital for good vision. This damage is often caused by an abnormally high pressure in your eye.

Glaucoma is one of the leading causes of blindness for people over the age of 60. It can occur at any age but is more common in older adults. In this unit, patients are treated under expert consultants including surgeries by modern equipment.



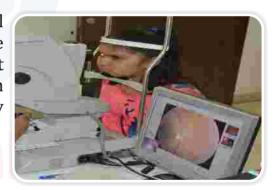
| | Glaucoma |
|--------------------|----------|
| New Patients | 50 |
| Follow-up Patients | 84 |
| Total Patients | 134 |
| Surgery :- | |
| Perimetry | 02 |
| Pachymetry | 39 |

DOCTORS

Dr. Shefali Maheshwari Glaucoma Surgeon

RETINA UNIT

The function of the retina is to convert the light into neural signals and send them to the brain for visual recognition. The retina is a vital tissue, and retinal disorders may severely affect the sight and cause blindness, if not treated on time. For such patients, FFA and OCT procedures are performed followed by intra ocular Injection or / and Laser therapy.



| New Patients | 167 |
|--------------------|-----|
| Follow-up Patients | 488 |
| Total Patients | 776 |
| Surgery | 04 |
| Procedure :- | |
| OCT | 98 |
| Treatments:- | |
| Laser | 60 |
| Angeography + FFA | 08 |
| Injection | 117 |

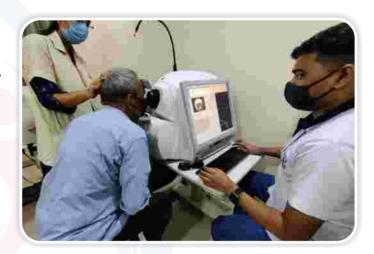
DOCTORS

| Dr. Alay Banker | Dr. Chintan Sarvaiya | Dr. Sejal Bhatt |
|------------------------|------------------------|------------------------|
| Vitro - Retina Surgeon | Vitro - Retina Surgeon | Vitro - Retina Surgeon |



RAMANGOURI & HIRALAL SHAH INVESTIGATIVE DIABETIC RETINOPATHY CLINIC SUPPORTED BY – HIRALAL J SHAH CHARITABLE TRUST

Diabetics often suffer from the growth of new blood cells from the retina into the vitreous humor, which cause bleeding and stretching of the retina. Early diagnosis can preempt surgical intervention. At HCF, Patients are diagnosed and investigated by FFA and OCT procedures and advanced cases are treated by laser or injection at our hospital.



| Procedure :- | |
|-------------------|-----|
| OCT | 98 |
| Treatment:- | |
| Laser | 60 |
| Angeography + FFA | 08 |
| Injection | 117 |

DOCTORS

| Dr. Alay Banker | Dr. Chintan Sarvaiya | Dr. Sejal Bhatt |
|------------------------|------------------------|------------------------|
| Vitro - Retina Surgeon | Vitro - Retina Surgeon | Vitro - Retina Surgeon |

SCREENING OF DIABETIC RETINOPATHY AT OUTREACH CAMPS SUPPORTED BY: SMT SMITABEN & SHRI KIRITBHAI SHAH (USA)

Diabetic retinopathy outreach screening camps are often organized in community places by HCF to diagnose and treatment of this disease. The focus is on detecting diabetic retinopathy before it causes irreversible blindness and our team also refers the patients for further treatment like laser therapy or intraocular Injections to needy people.



PARAMPUJYA ACHARYA SHREE KALYANSAGARSURISHREEJI MAHARAJ SAHEB AMOLA SURENDRABHAI MANGALDAS KACHRABHAI PARIVAR (TITODAVALA) RETINOPATHY OF PREMATURITY UNIT

Retinopathy of prematurity (ROP) is an eye disease that can happen in low-birth weight premature babies. It causes abnormal blood vessels to grow in the retina, and can lead to blindness. For this a telemedicine project is run by hospital since last 9 years earlier supported by Government of Gujarat under the name of GIDROP. Under this project, our specialized team, as per schedule, visits different government, semi-government, municipal and private NICUs covering districts of Ahmedabad, Gandhinagar, Mehasana, Patan, Himmatnagar to screen pre-mature babies by RETCAM; the babies are diagnosed and according to the necessity provided treatment to save the vision.



STATISTICS

| New baby Screening | 3384 |
|-------------------------------|------|
| Follow-up Baby screening | 302 |
| Treated Eyes with retinopathy | 415 |

Dr. Alay Banker Project Chief- GIDROP

SHETH HARILAL HARIVALLAVDAS TRUST PEDIATRIC OPHTHALMIC UNIT

Since the visual system is in a developing phase in childhood, hence it is imperative that any eye disorder in children be identified and rectified, as early as possible. paediatric ophthalmologists treat eye defects in children through medication, therapies, and complex eye surgeries.

At HCF, Pediatric ophthalmic diseases like cataract, squint, Glaucoma, keratoconus are examined under specialized equipments and surgically corrected by expert at free of cost.



Before Operation



After Operation



| | Cataract |
|------------------------------|----------|
| New Patients | 81 |
| Old Patients | 56 |
| Total Patients | 137 |
| Surgery - Pediatric cataract | 21 |
| Surgery - Pediatric Squint | 9 |

Doctor

| Dr. Sajni Kalpit shah |
|---------------------------|
| Pediatric Ophthalmologist |

ORBIT AND OCULOPLASTY SURGERY UNIT

Recently, we have started ORBIT AND OCULOPLASTY SURGERY UNIT for helping ophthalmic patients requiring repair of droopy eyelids, repair of tear duct obstructions, orbital fracture repairs, and removal of tumors in and around the eyes, eyelid and facial reconstruction. We believe this new unit will be help to many patients.



Doctor

| Dr. Juhi Shah | Thakkar | |
|-----------------|--------------|--|
| Orbit & Occulop | asty Surgeon | |







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CENTRE FOR DIABETES AWARENESS AND DETECTION SUPPORTED BY LALJI MEHROTRA FOUNDATION

CENTRE FOR DIABETES regularly conducts free Diabetes Screening camps in and around Ahmedabad city. During the camp, we screen the population for blood sugar and patients who have higher blood sugar level are advised to attend hospital for further investigations which are done totally free of cost. We organize awareness campaign for prevention of diabetes and its complications. Further, tertiary treatments are given at highly subsidized cost.

Doctors

| Dr. J. C. Mehta Dr. Bharat Mehta | |
|----------------------------------|-----------|
| Physician | Physician |

DIABETICS' CLUB

Our mission at Diabetes Club is to spread awareness, empower people with diabetes and help them improve their quality of life.

Becoming a part of this club, we provide access to many valuable services and benefits available to people who pay an annual nominal subscription fee. Member will avail the benefits such as all necessary path lab tests, investigations and consultation with Physician and dietician totally free of cost.

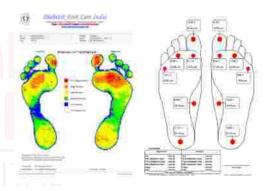
Total membership of diabetic club gone down because of covid-19 pandemic.

| Total Membership | | 478 |
|------------------|--|-----|
|------------------|--|-----|

MADHURAM DIABETIC FOOT CLINIC

Such patients have poor blood circulation which affects their foot's blood supply. Some of the common causes of circulation issues include high amount of blood fat, smoking and increased blood glucose levels.

Diabetic foot clinic deals with diagnosis and treatment of disorders related to the ankle, foot and lower extremity in patients having a diabetic problem. We provide all facilities by modern computerized Foot equipments. Regular follow up can save the complications of diabetic foot. Beside this, in our modern workshop, we prepare diabetic footwear and foot insoles at a very affordable cost.



Doctor

| Dr. Navin Patel | |
|-----------------------|--|
| Diabetic foot surgeon | |





SOPHOS JUVENILE DIABETES CENTRE

Type -1 diabetes is fatal unless treated with proper care and insulin. We treat all affected kids by support of Expert Endocrinologists and provide them insulin at subsidized cost. Considering the gravity of this disease and increasing number of children affected by this, Health & Care Foundation has initiated this project.



| New | 5 |
|--------------------------------|-----|
| Old | 162 |
| Total Registered Beneficiaries | 385 |

Doctors

| Dr. Shalmi Mehta | Dr. Ruchi Shah | Dr. Ramesh Goyel | Dr. Rutul Gokhlani |
|------------------|-----------------|------------------|--------------------|
| Endocrinologist | Endocrinologist | Endocrinologist | Endocrinologist |

SMT SMITABEN & SHRI KIRITBHAI SHAH PEDIATRIC DIAGNOSTIC UNIT

The unit provides specialist pediatric healthcare services to children from birth to age 16 years. A wide range of conditions and illnesses are examined, investigated and treated by senior child specialist.



| Patients | 186 |
|--------------------|-----|
| Follow-up Patients | 323 |
| Total Patients | 706 |

Doctors

| Dr. Rajnikant Shah | Dr. Krishna Vihol |
|--------------------|-------------------|
| Pediatrician | Pediatrician |



DIALYSIS UNIT

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UNIT-1

LATE LALIT SHAH DIALYSIS UNIT

SUPPORTED BY:

LATE SUDHIRBHAI SARABHAI CHOKSHI FAMILY &

PRAVINBHAI BALUBHAI CHARITY TRUST

UNIT - 2 & 3
PRAVINBHAI
BALUBHAI CHARITY TRUST
DIALYSIS UNIT

Our aim is to provide dialysis service with full safety from complications related to the procedure as well as hazard due to the invasive procedure. We provide dialysis procedures to people with chronic renal failure, under experienced dialysis technicians and expert doctors at free of cost for MAA and PMJAY card holders and at nominal costs for others.



Statistics

| 2020-2021Procedure | 62 | 237 |
|--------------------------------------|--------------------|-----|
| DOC | ror <mark>s</mark> | |
| Dr. Rupen Panchal Dr. Himanshu Patel | | |
| Nephrologist | Advisor | |

SRIMATI KALABEN ARVINDBHAI NANAVATI WOMEN WELLNESS CLINIC Supported by: LATE DHANLAKSMIBEN MANILAL RANCHODDAS

Breast cancer is the most common cancer in women and the second most common cancer to cause death in women.

We run WOMEN WELLNESS CLINIC to spread awareness and early diagnosis for breast & cervical cancer. We are providing package of breast mammography, breast sonography, abdomen sonography, pap smear test, gynecologist and onco-surgeon consultation for early screening of breast and cervical cancer at very nominal cost. If breast cancer is detected in any woman, surgery is performed in our hospital by Expert Surgeons at highly affordable cost.



| D C''' | 00 |
|---------------|----|
| Reneficiaries | 98 |

DOCTORS

| Dr. Anila Kapadia | Dr. Shakuntala Shah | |
|-----------------------------|---------------------|--|
| Onco Gynaecologist | Onco surgeon | |
| Dr. Kshama Shah | Dr. Shefali Desai | |
| Gynecologist Breast Surgeon | | |
| Dr. Trupti Patel | | |
| Radiologist | | |





I-BREAST EXAMINATION AND AWARENESS CAMPS SUPPORTED BY: SHILP GRAVURES LTD DEVICE SUPPORT BY: U & U LTD - UK

A NEW WAY TO DETECT BREAST CANCER

iBreastExam is a US FDA approved, first of it's kind device that enables health workers to identify non-palpable breast lumps in just a few minutes, without pain or radiation.

HCF regularly conducts Outreach Breast Screening Camps for awareness and early detection of Breast Cancer camps by i-Breast Exam device in and around Ahmedabad city. Those who need additional investigation, we counsel them to attend hospital for tests like Mammography and Sonography of Breast.





Statistics

| Total Camps | 29 |
|------------------------------|-----|
| Total Women Screened | 928 |
| Total Women who need further | 17 |
| investigation | |

SHRIMATI KALABEN ARVINDBHAI NANAVATI MULTISPECIALTY DIAGNOSTIC CLINIC

Understanding the high cost of Specialist services, we run Multispecialty Diagnostic Clinic. Under this clinic, we have been serving services like Gastroenterology, Cardiology, Pulmonology, Upper Extremity Orthopedic, Nephrology, General Surgery, Pediatric General Surgery, Sonography, Cancer Pain and Palliative Medicine & Dermatology which provide diagnostic facilities at highly subsidized rate.

GASTROENTEROLOGY

Gastroenterology is a medical specialty dealing with the digestive system disorders. At HCF, Gastroenterologist examines the patients, diagnose their disease and provide medical treatment at subsidized cost.

Doctor

| Dr. Jatin Patel |
|--------------------|
| Gastroenterologist |





CARDIOLOGY

At our hospital, Cardiologist diagnoses the patient's conditions, prescribes the medicines and gives advice about preventing heart diseases. We provide investigations like ECG, 2d Echo, Lipid profile and TMT test at highly affordable cost.

PULMONOLOGY

Nowadays global warming has been increasing day by day and people are facing the lungs and respiratory system problems. At HCF, Pulmonologist diagnoses patients and manage more complex illnesses. We provide Chest X-ray, PFT, and lab test at concessional rate.

| Doctor |
|------------------|
| Dr. Pratik Patel |
| Pulmonologist |

NEPHROLOGY

Kidney damage may be caused by diabetes, high blood pressure, and various other chronic (long-term) conditions.

We provide consultation, renal function test and ultra sonography at highly subsidized cost. In addition, we run Dialysis unit for chronic renal failure patients.

| Doctor | |
|-------------------|--|
| Dr. Rupen Panchal | |
| Nephrologist | |

UPPER EXTREMITY ORTHOPAEDIC

Upper extremity problems that affect the shoulder and elbow are very common. Patients can develop such problems as a result of traumatic injuries, sports activities, work injuries and occupational disorders, and aging and degenerative conditions.

At our hospital, we provide consultation, blood test and radiology investigations at highly affordable cost.

| Doctor |
|------------------------------------|
| Dr. Pravin sarda |
| Upper Extremity Orthopedic Surgeon |

GENERAL SURGERY

At Health and care Foundation, a General surgeon evaluates abdominal problems and provides medical treatment.

| Doctor | |
|-------------------|--|
| Dr. Apoorva Patel | |
| General Surgeon | |





PEDIATRIC GENERAL SURGERY

At this Hospital, Pediatric surgeon diagnose, manage and provide medical treatment at highly affordable cost.

| Dr. Sudhir Chandana | |
|---------------------------|--|
| Pediatric General Surgeon | |

SONOGRAPHY

After x-ray exams, ultrasound is the most utilized form of diagnostic imaging in women, men, and children to gain advanced insights into the inner workings of the body.

We provide all type of ultra-sonography at highly subsidized cost.

| Doctor |
|------------------|
| Dr. Trupti Patel |
| Radiologist |

CANCER PAIN & PALLIATIVE MEDICINE

We provide chronic pain management for cancer, osteoarthritis, frozen shoulder, spine disorder and other terminal illness.

Doctors

| Dr. Jay Panchal | Dr. Chandni Patel | Dr. Monika Sharma |
|-------------------------------|--------------------------|--------------------------|
| Cancer pain & Palliative Care | Cancer pain & Palliative | Cancer pain & Palliative |
| Surgeon | Care Surgeon | Care Surgeon |

DERMATOLOGY

Layer of skins maintains overall hydration and serves as our primary defence against the environment, so keeping it strong and healthy is important. We provide consultation and nitrous oxide application at most affordable cost.

Doctors

| Dr. Laxman Malodia | Dr. Keyur Shah |
|--------------------|----------------|
| Dermatologist | Dermatologist |

MINIMALLY INVASIVE SPINE SURGERY

Minimally invasive spine (MIS) surgery is performed to treat different spinal disorders, such as herniated discs, scoliosis or spinal tumours. Spine surgery performed minimally invasively offers many potential benefits, such as small incisions, less post-operative pain, and faster recovery.

Doctor

| 2 00001 |
|----------------------------------|
| Dr. Dhruv Patel |
| Minimally Invasive Spine Surgeon |



SRIMATI MANJULABEN JAYANTILAL SONI CHILD MAL-NUTRITION TREATMENT CENTER (CMTC) A JOINT EFFORT OF HEALTH & CARE FOUNDATION AND AHMEDABAD MUNICIPAL CORPORATION

A child will experience malnutrition if appropriate amount or quality of nutrients comprising a healthy diet is not consumed, or not absorbed adequately or not metabolized for an extended period of time.

CMTC center is an exclusive 6 bedded ward, where we provide highly nourished balanced food having rich protein and vitamin for mother and the child. Coordination and follow ups through Anganwadi workers; the unit is managed by expert doctors and trained staff.





LATE SRIMATI KANCHANGAURI JAMNADAS SHAH HEALTH CHECK UP CENTER

To prevent the onset of disease and illness, it is important that you build the foundation of a strong protective wall. We have been providing health check-up facilities including complete blood test, kidney & liver function test, thyroid test, ECG test for cardiac, x-ray and check up by Eye, ENT, Dental and diabetes specialist at highly nominal cost.



CHARITABLE HOSPITAL

| 2020-2021 beneficiaries | 1291 |
|-------------------------|------|
|-------------------------|------|

| Dr. J. C. Mehta | Dr. Bharat Mehta |
|-----------------|------------------|
| Physician | Physician |

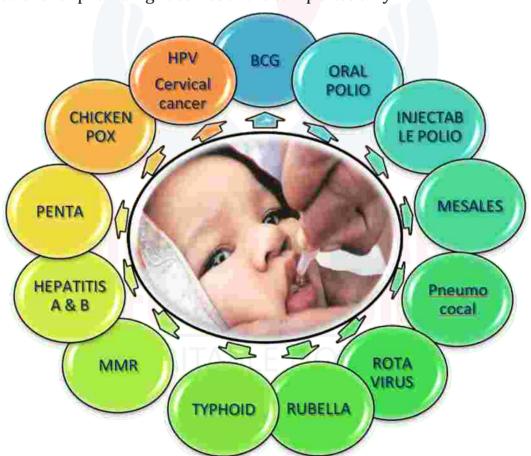


SMT SMITABEN & SHRI KIRITBHAI SHAH USA &

PRAVINBHAI BALUBHAI CHARITY TRUST VACCINATION CENTRE SUPPORTED BY AHMEDABAD MUNICIPAL CORPORATION

"Childhood vaccines are one of the great triumphs of modern medicine. Indeed, parents whose children are vaccinated no longer have to worry about their child's death or disability from whooping cough, polio, diphtheria, hepatitis, or a host of other infections."

The Vaccination Center of Health and Care Foundation, Ahmedabad is providing vaccinations and plays a vital role to improve the health status of community. This center serves indoor and outdoor neonates & children by providing life- saving vaccines free of cost which is provided by AMC; other type of vaccines for children and women are provided at subsidized cost or free of cost to underprivileged people. The Center organizes outreach camps at different locations for providing vaccines at the camp sites only.



During the year we provided lifesaving vaccines to 770 beneficiaries.



ENT UNIT SUPPORTED BY UNISON PHARMACEUTICALS PVT LTD

ENT specialists can identify, manage, treat and provide surgery for ear, nose and throat problems. We have equipments like endoscopes, operating microscope and surgical instruments.

In our hospital several type of hearing tests, like OEA, BERA, ASSR, Impedance audiometry and pure tone audiometry are performed in a sound proof roof with modern equipment at either free of cost or at highly affordable cost.



Statistics

| New Patients | 304 |
|--------------------|-----|
| Follow-up Patients | 293 |
| Total Patients | 846 |
| Investigations :- | |
| Audiometry | 50 |
| OAE | 114 |
| ASSR | 82 |
| BERA | 79 |
| MAPPING | 12 |

Doctors

| DR. Prakash Bhatt | Dr. Amrish Soni | Dr. Mittalben Shah | |
|-------------------|-----------------|--------------------|--|
| ENT Surgeon | ENT Surgeon | ENT Surgeon | |

PAIN MANAGEMENT CLINIC

Our Pain Management Clinic provides comprehensive care for people living with chronic pain, for whom medication & other therapies are ineffective. The cause of pain is thoroughly analyzed by qualified pain physicians & treatment options like medication and different procedures, therapies – sometime by injection, ozone therapy, Radio-Frequency therapy are provided as per need.







HEALTH & CARE FOUNDATION Annual Report 2020-21

Statistics

| New Patients | 292 |
|--------------------|-----|
| Follow-up Patients | 407 |
| Procedure | 24 |

Doctors

| Dr. Divya Chokshi | Dr. Meeta Joshi |
|-------------------|-------------------|
| Pain Physician | Pain Physician |
| Dr. Chandni Patel | Dr. Monika Sharma |
| Pain Physician | Pain Physician |

DENTAL UNIT

SUPPORTED BY:

SMT. CHANDRAVATIBEN CHIMANLAL SHAH - SHRI C. C. SHAH (NAUSHIR M. MARFATIA AND CO.) FROM HIS FAMILY AND SHRI PARSHWANATH CHARITABLE TRUST AND

SHRI MAHAVIR TRUST SMT. AMLABEN AND SHRI RAJESHBHAI C. SHAH AND PRABHAVATIBEN HIRABHAI BHAGWATI

A fully integrated Dental unit providing sustainable solutions in the field of Dentistry having state of the art Infrastructure, Equipment & Instrumentation, world class procedures. We have been providing procedure facilities namely Root canal, Ceramic & Metallic cap, Filling, Scaling, Extraction, X Ray, Denture, Implants, Periodontal Surgery, Ortho Treatment, Veneers (Smile Designing) etc. treatment at highly affordable cost.



| Statistics | TION |
|--------------------|----------|
| New Patients | 832 |
| Follow-up Patients | 4234 |
| Procedure | 3095 |
| CHANHADLL | IOSTIIAL |

Doctors

| Dr. Arpit Halani | Dr. Krishna Panchal | | Dr. Pratik Shah |
|------------------|---------------------|---------------------|--------------------|
| Prosthodontist | Periodontist | | Oral Surgery |
| Dr. Jeet Naik | Dr. Rahul Bachvani | | Dr. Harshil Zaveri |
| Pedodontist | Orthodontist | | Periodontist |
| Dr. Sachi Shah | | Dr. Ridhdhi Agrawal | |
| Dentist | | Dentist | |





PROSTHETIC & ORTHOTIC WORKSHOP

Prosthetic involves the use of artificial limbs (prostheses) to enhance the function and lifestyle of persons with limb loss. Orthotics involves precision and creativity in the design and fabrication of external braces (orthotics) as part of a patient's treatment process.

We have been preparing different types of splints, high tech limbs, calipers, spinal braces Diabetic ware, insole for diabetes patients and artificial limbs for needy people at nominal cost or at highly subsidize rate.





Statistics

| CALIPERS | 296 |
|-----------------|-----|
| HIGH TECH | 02 |
| JAIPUR – AL | 23 |
| DIABITIC INSOLE | 03 |
| SPINAL BRACE | 5 |
| CLUBFOOT SPLINT | 201 |

LATE SADGUNABEN RATILAL ZAVERI MUSCULAR DYSTROPHY UNIT

At HCF hospital, we have been running MUSCULAR DYSTROPHY OPD which is basically incurable disease with support from Indian Muscular Dystrophy Society & Research Centre and we have been providing our best for unfortunate patients as well as medicines under this mission.

Statistics

| Beneficiaries registered | 368 |
|--------------------------|-----|
| Doctor | |
| Dr. Rajesh Shah | |
| Physician | |





UGARCHAND PATEL GENERAL PHYSIOTHERAPY UNIT MAINTENANCE SUPPORT – PARAS PHARMA

Our Physiotherapy unit is committed to providing the highest level of patient-centered care. We provide advanced assessment and therapies to address neuro-musculoskeletal injury and dysfunction. We provide rehabilitation solutions utilizing an individualized, single or multi-disciplinary approach, to make able to do maximum function at work, play or activities of daily life.



| Registered Patients | 728 |
|---------------------|------|
| Therapy given | 4710 |

RADIOLOGY UNIT

Radiology unit provides X-ray of chest, upper-limb, lower limb and spine by modern x-ray machine. In addition, we provide 2D Echo, all type of ultra-sonography and mammography of breast is done for cancer detection

| X Ray | 2979 |
|-------------|------|
| Sonography | 310 |
| Mammography | 210 |



Doctors

| Dr. Dhiren Shah | Dr. Trupti Patel |
|-----------------|------------------|
| Radiologist | Radiologist |

PATHOLOGY LABORATORY

Our Pathology Laboratory is always focusing on quality testing, and timely reports to provide early treatment. All type of blood and urine investigations are done with best modern instruments using quality Reagents at highly nominal cost.



| Indoor | 438 |
|---------|------|
| Outdoor | 3377 |

Doctor

| Dr. Biren Shah |
|----------------|
| Pathologist |



MAHALAXMI MATA TRUST (PALDI) GENERIC MEDICINE CENTRE

Mahalaxmi Mata Trust has been supporting us to serve range of generic medicine for downtrodden people. We have been running a generic medicine store where we provide prescribed drugs, high quality generic medicines mostly for Diabetes, also for different diseases and among other products. HCF purposes to help needy people who buy medicines by providing them access to genuine generic medicines at discounted prices.

| Total Beneficiario | es | | 14103 |
|--------------------|----|--|-------|

COUNSELING & PSYCHOTHERAPY CENTER SUPPORTED BY ANJANEYA CHARITABLE TRUST

In our hospital, dedicated psychotherapist counsel individual persons of all ages including children above 10 years having behavioural problems, adolescents with educational, career concerns, substance abuse problems, marital or family issues and in later age post retirement socioeconomical and emotional problems.

Also counsel patients with chronic pain or long term health diseases like; diabetes, cancer, cardiac and neurological problems like Dementia, Alzheimer and Parkinson diseases to prevent psychological disorders.

We have been organising seminars/workshops to educate public about different mental disorders like depression, Anxiety, Psychological Distress, Abuse, and Suicidal tendency.

STATISTICS

| New Clients | 27 |
|----------------|-----|
| Total Sessions | 112 |
| Counselling:- | |
| Diabetes | 167 |
| Cancer | 07 |
| Orthopedic | 28 |



YOGA SADHANA KENDRA

Yoga is originated in ancient India; it is a combination of physical, mental and spiritual activities. The purpose of yoga is to build strength, awareness and harmony in both the mind and body.

We run Yoga Kendra at nominal charges under the guidance of an expert but during year 2020-21 we could not continue Yoga Kendra due to pandemic.



RATIBHAI G. SHAH SENIOR CITIZEN WELLNESS CLINIC

Senior Citizen Center provides an opportunity for seniors to get active, enjoy various social activities, and to improve their overall quality of life.

Our motto is to provide a holistic service to ensure physical, mental and social wellbeing of senior citizens. At HCF, we provide facilities such as entertainment, yoga, once a month Blood sugar check, every week Blood pressure measurement, indoor games, and library.



Registered Senior Citizen 15



ANESTHETIST SUPPORTING OUR MISSION TO HELP NEEDY PATIENTS

| Dr. Rohit Parekh | Dr. Devang Parikh |
|---------------------|---------------------|
| Dr. Himanshu Shah | Dr. Maulik Mehta |
| Dr. Mansi Shah | Dr. Satyen Patel |
| Dr. Piyush Goswami | Dr. Umesh Parikh |
| Dr. Kant Modi | Dr. Beena Parikh |
| Dr. Bharat Oza | Dr. Belani |
| Dr. Minesh Patel | Dr. Mithun |
| Dr. Vishmay Thakkar | Dr. Manoj Katheriya |

BOARD OF TRUSTEES

| Dr. Bharat Bhagat | Shri Pravinbhai Shah | Shri Krishnakantbhai C. Shah |
|-------------------|-------------------------|------------------------------|
| Dr. Prakash Amin | Shri Jayendrabhai Patel | Shri Sarvagnabhai Godiawala |
| Dr. Rohit Parekh | Dr. Kalpan Desai | Dr. Mehul Shah |
| Shri P. K. Ghosh | Shri Devangbhai Patel | Dr. Prakash Bhatt |
| | Shri Nipambhai Shah | |

ADVISORY COMMITTEE MEMBERS

| Shri Milan Dalal | Shri Rashmikantbhai Shah | Lion Mukeshbhai Patel |
|------------------------|--------------------------|-------------------------|
| Dr. Khodabhai T. Patel | Shri Ashokbhai G. Shah | Shri Pareshbhai Talati |
| Shri Prafulbhai Shah | Dr. Hemant Broker | Shri Mansukhbhai Patel |
| Dr. Pankaj M. Shah | Shri Piyushbhai Desai | Dr. Vipin Naik |
| Dr. Kamlesh Devmurari | Shri Anilbhai G. Agrawal | Shri Shaileshbhai Dalal |
| Shri Ambarbhai Patel | Dr. Kamal C. Shah | |

SPECIAL INVITEE MEMBER

| Smt. Sukeshiben Shah | Dr. Malti M. Shah | Shri Madhukarbhai T. Shah |
|----------------------|-------------------------|---------------------------|
| Dr. S. R. Apte | Shri Ravindrabhai Mehta | Shri Dhrupadbhai G. Shah |



INTERNATIONAL RESOURCE COMMITTEE

| Shri Kiritbhai Shah - President | Dr. Nayanbhai Nanavati | Dr. Shaishav Bhagat |
|---------------------------------|------------------------|---------------------|
| Shri Vivekbhai Bhagat | Shri Takshak Desai | Dr. Shital Parikh |

YUVA TEAM

| Shri Manan Godiawala | Shri Ankit Shankarbhai Patel | Dr. Keyur Shah |
|-----------------------|------------------------------|------------------------|
| Dr. Jatin Patel | Shri Dhaval R. Shah | Shri Arpit Talati |
| Shri Yamik Thakkar | Shri Kirtan Shah | Shri Dhrumil Joshi |
| Shri Dhruv Shah | Shri Anuj Mehta | Shri Apoorva Thakershy |
| Shri Pathik Patwari | Shri Daxeshbhai Soni | Shri Nilesh Patel |
| Dr. Tejas Padodara | Shri Darsh Parikh | Shri Parag Shah |
| Shri Nihal Jhaveri | Smt. Heenaben Godiawala | Smt. Deepali Joshi |
| Smt. Hinaben Jariwala | Smt. Sonal Modi | |

SOCIAL WORKERS

| Shri Dattuprasad Dave | Smt. Reshmaben Shah | Smt. Ranjanben Kothari |
|-----------------------|---------------------|---------------------------|
| Shri Sanjaybhai Shah | Smt. Sailaben Amin | Shri Ashwinbhai Kantawala |
| Smt. Sonalben Shah | Smt. Leenaben Desai | |

HEALTH & CARE
FOUNDATION
CHARITABLE HOSPITAL







M/S. TRUEZSCHLER INDIA PVT LTD



M/S. AIA ENGINEERING LIMITED



M/S. INVENTIA HEALTHCARE LTD































M/S. TRANSCYBER ADI INC

M/S. SAMEEP FABRICS PVT LTD
M/S. SAMEEP TEXFAB LLP

SCARLET HOSPITAL LLP

M/S. VEENSAN FABRICS PVT LTD

M/S. GUJARAT INDUSTRIAL PRODUCTS

M/S. TRISTAL ENTERPRISE

M/S. PRAWEEN GULATI INFRASTRUCTURE PVT LTD



OUR ESTEEMED DONORS FROM INDIA

| SR. NO. | DONOR'S | AMOUNT |
|---------|---|-----------|
| 1 | LALJI MEHROTRA FOUNDATION | 2,500,000 |
| 2 | M/S. TRUEZSCHLER INDIA PVT LTD | 1,000,000 |
| 3 | M/S. AIA ENGINEERING LIMITED | 756,000 |
| 4 | M/S. SHILP GRAVURES LTD | 700,000 |
| 5 | M/S. UNISION PHARMACEUTICALS PVT LTD | 650,000 |
| 6 | M/S. INVENTIA HEALTHCARE LTD | 550,000 |
| 7 | SHRI PANKAJ K. PATEL | 500,000 |
| 8 | U V PATEL FOUNDATION | 500,000 |
| 9 | ESTATE OF INDU CHANDRAKANT PARIKH | 500,000 |
| 10 | M/S. MAZDA LIMITED | 500,000 |
| 11 | M/S. BLUETEX (I) PVT LTD | 351,000 |
| 12 | SHRI PARSHVANATH CHARITABLE TRUST | 350,000 |
| 13 | SHRI NAMASKAR CHARITABLE TRUST | 300,000 |
| 14 | DR. SURESHBHAI D BHATT CHARITABLE TRUST | 300,000 |
| 15 | M/S. PRASAD KOCH TECHNIK PVT LTD | 275,000 |
| 16 | MAHAVIR TRUST | 250,000 |
| 17 | GUJARAT SARVAR MANDAL | 250,000 |
| 18 | SHRI RASHMIKANT JAMNADAS SHAH | 225,000 |
| 19 | CHINULAL NARANDAS TRUST FUND | 200,000 |
| 20 | THE AHMEDABAD MERCANTILE CO. OP. BANK LTD | 200,000 |
| 21 | NAVNEET FOUNDATION | 200,000 |
| 22 | M/S. INTAS PHARMACEUTICALS LTD | 147,500 |
| 23 | SHETH GIRDHARDAS HARIVALLABHDAS TRUST FUND | 125,000 |
| 24 | MOUNT FAB PACKAGING LLP | 111,111 |
| 25 | RAJESH CHIMANLAL SHAH - HUF | 109,000 |
| 26 | SHRI AMOL PRAKASH BHAGWATI | 100,000 |
| 27 | SHRI VASANT AMBALAL ANANDJIWALA | 100,000 |
| 28 | DR. MALTI MANILAL SHAH | 100,000 |
| 29 | SHRI PRAVINBHAI B SHAH | 100,000 |
| 30 | PRAKASH H SHAH HUF | 100,000 |
| 31 | HIRABEN DAHYABHAI DESAI PUBLIC CHARITABLE TRUST | 100,000 |
| 32 | SHRI KALPESH B DALAL | 100,000 |
| 33 | SHRI SURENDRA V SHAH | 100,000 |
| 34 | DR. PRAKASH B BHATT | 100,000 |
| 35 | MS. YAMINI MUKESH PATEL | 100,000 |



HEALTH & CARE FOUNDATION Annual Report 2020-21

| SR. NO. | DONOR'S | AMOUNT |
|----------|---|---------|
| 36 | M/S. PRODIGY SOFTWARE LTD | 100,000 |
| 37 | M/S. INSPIRON ENGINEERING PVT LTD | 100,000 |
| 38 | M/S. NARODA ENVIRO PROJECT LTD | 100,000 |
| 39 | MR. ALEEM ADATIYA | 87,000 |
| 40 | KALPAN DESAI HUF | 81,000 |
| 41 | LALITABEN RAMANLAL PUBLIC CHARITANLE TRUST | 80,000 |
| 42 | DR. PRAKASH V AMIN | 80,000 |
| 43 | LATE JETHALAL AMRATLAL ESTATE TRUST | 80,000 |
| 44 | MS. BHAVANI KARTIKBHAI PATEL | 75,000 |
| 45 | SHRI JAYESH V SHAH | 75,000 |
| 46 | DALAL LALLUBHAI ISHWARDAS CHARITABLE TRUST | 70,000 |
| 47 | SHRI NILESH K PATEL | 60,000 |
| 48 | SHRI SAMIR SURESHBHAI SHAH | 55,000 |
| 49 | SHIR DARSHAN CHANDRAVADAN JAMBUSARIA | 51,000 |
| 50 | SHRI NITIN ISHWARLAL CONTRACTOR | 51,000 |
| - | SHAH CHIMANLAL CHHOTALAL LOKHANDWALA | F0.000 |
| 51 | CHARITABLE TRUST | 50,000 |
| 52 | SHRI NIRJA V VASAVADA | 50,000 |
| 53 | M/S. PRAWEEN GULATI INFRASTRUCTURE PVT LTD | 50,000 |
| 54 | SHRI HARSHVADAN L PARIKH | 50,000 |
| 55 | M/S. TRANSCYBER ADI INC | 50,000 |
| 56 | SHRI UMESH V SHAH | 50,000 |
| 57 | MS. RAMILA SALVI | 50,000 |
| 58 | MS. SOMIBEN KARSHANBHAI PATEL | 50,000 |
| 59 | SHRI ARVIND CHHOTABHAI AMIN | 50,000 |
| 60 | SCHOOL FOR DEAF-MUTES SOCIETY | 50,000 |
| 61 | DR. BHARAT H MEHTA | 50,000 |
| 62 | SHRI NILENDU KRISHNAKANT VAKIL | 50,000 |
| 63 | M/S. GUJARAT INDUSTRIAL PRODUCTS | 50,000 |
| 64 | SHREE CHINUBHAI SHANTILAL SHAH CHARITABLE TRUST | 50,000 |
| 65 | INDIAN MASCULAR DYSTROPHY SOCIETY | 40,000 |
| 66 | M/S. SAMEEP FEBRICS PVT LTD | 35,000 |
| 67 | M/S. SAMEEP TEXFAB LLP | 35,000 |
| 68 | M/S. VEENSAN FABRICS PVT LTD | 35,000 |
| 69 | SHRI DHAVAL RASHMIKANT SHAH | 30,000 |
| 70 | SHRI NAVINCHANDRA N TRIVEDI | 30,000 |
| 71 | BHURIBEN LALLUBHAI MEDICAST | 30,000 |
| 72 | SHRI R M PATHAK | 25,000 |
| | | · |
| 73 | MS. NALINIBEN Z MEHTA | 25,000 |



HEALTH & CARE FOUNDATION Annual Report 2020-21

| SR. NO. | DONOR'S | AMOUNT |
|---------|--------------------------------------|--------|
| 74 | MS. MINABEN JAGDISHCHANDRA AMIN | 25,000 |
| 75 | SMT. SAVITABEN RASIKLALTRUST FUND | 25,000 |
| 76 | SHRI BHARAT K SHAH | 25,000 |
| 77 | SHRI AAISHVARYA D SHAH | 25,000 |
| 78 | SHRI CHETAN SHAH | 25,000 |
| 79 | MS. BIMLAKUMARI LAJPATRAI HURRA | 25,000 |
| 80 | MS. USHABEN PARESHBHAI MAJMUDAR | 25,000 |
| 81 | MS. ZARINA BANKIM KAJI | 25,000 |
| 82 | SHRI JITENDRA ISHWARLAL SHAH | 25,000 |
| 83 | SHRI GAJENDRAKUMAR CHUNILAL UPADHYAY | 22,000 |
| 84 | SHRI BHUVANESH P MANKAD | 21,000 |
| 85 | SHRI RAJESH J DHAGIA | 21,000 |
| 86 | MS. USHABEN HASMUKHBHAI SHAH | 20,000 |
| 87 | MS. KUNJBALA PRABODHCHANDRA KOTHARI | 20,000 |
| 88 | SHRI SURESH RATILAL | 20,000 |
| 89 | DR. MONIKA C SHARMA | 20,000 |
| 90 | SHRI HARIBHAKTI | 20,000 |
| 91 | DR. SARLA RATILAL SHAH | 20,000 |
| 92 | MS. KAVERI YAMIK THAKKAR | 20,000 |
| 93 | MANAV JYOT PUBLIC CHARITABLE TRUST | 20,000 |
| 94 | SCARLET HOSPITAL LLP | 20,000 |
| 95 | MS. JAYABEN V PATEL | 17,000 |
| 96 | ABHISHEKH SYNTHETIC MILLS | 16,600 |
| 97 | MS. HEENA MANAN GODIAWALA | 15,000 |
| 98 | SHRI MANAN S GODIAWALA | 15,000 |
| 99 | SHRI YOGESH RASIKLAL PARIKH | 15,000 |
| 100 | HARIBHAKTI CHARITABLE TRUST | 15,000 |
| 101 | MS. BHANUMATI D SHAH | 15,000 |
| 102 | MS. DEVYANI DIXIT | 15,000 |
| 103 | SHRI RAVI PATEL | 15,000 |
| 104 | M/S. TRISTAL ENTERPRISE | 15,000 |
| 105 | SHRI JINESH SURENDRAKUMAR SHAH | 11,000 |
| 106 | SHRI HIREN JASHVANTLAL SHAH | 11,000 |
| 107 | SHRI ASIT RAMESHBHAI SHAH | 11,000 |
| 108 | SHRI TAPAN G BHAGAT | 11,000 |
| 109 | SHRI ASHOK GOVINDLAL SHAH | 11,000 |
| 110 | SHRI DINESHCHANDRA PRANLAL GANDHI | 11,000 |
| 111 | SHRI NARENDRA ISHWARLAL DANI | 11,000 |
| 112 | MS. PURVI NIRAV DANI | 11,000 |
| 113 | SHRI PRANAV MAHESHKUMAR PAREKH | 11,000 |
| 114 | SHRI AMBAR JAYANTILAL PATEL | 11,000 |





| SR. NO. | DONOR'S | AMOUNT |
|---------|---|--------|
| 115 | AASTHA CHARITABLE TRUST | 11,000 |
| 116 | SHRI P N DHEBAR | 10,000 |
| 117 | DR P R SHAH | 10,000 |
| 118 | DR. SUBHASH RAGHUNATH APTE | 10,000 |
| 119 | MS. GOPIBEN NATHALAL VEGDA | 10,000 |
| 120 | DR. DHIREN GORDHANDAS GANJWALA | 10,000 |
| 121 | MS. NANDINI HARIKRISHNA KACHHY | 10,000 |
| 122 | MS. KIRTIDABEN MEHTA | 10,000 |
| 123 | SHRI BALDEVBHAI SHIVABHAI PATEL | 10,000 |
| 124 | MS. MINAL ANJAN DALAL | 10,000 |
| 125 | SHRI PRANAV GIRIRAJBHAI DESAI | 10,000 |
| 126 | SHRI PINKIBEN DHAVALBHAI NAIK | 10,000 |
| 127 | MS. SHARLIN SHAH | 10,000 |
| 128 | MS. RADHIKA PATEL | 10,000 |
| 129 | DR. ABHAY DIXIT | 10,000 |
| 130 | SHRI DHRUMIL A JOSHI | 10,000 |
| 131 | GIRIRAJ CHARITABLE TRUST | 10,000 |
| 132 | SHRI ASHIK PANALAL SHAH | 9,000 |
| 133 | SHRI DEVENDRABHAI TRIVEDI | 8,000 |
| 134 | MS. SADHNABEN JAWAHARBHAI SOLANKI | 7,500 |
| 135 | SHRI RISHABH RAMEESH DOSHI | 7,000 |
| 136 | MS. MAITRI S THAKKAR | 7,000 |
| 137 | SHRI JYOTINDRA MEHTA | 5,001 |
| 138 | MS. HARSHITA MAHENDRABHAI MODI | 5,000 |
| 139 | SHRI BALVANTRAI G DESAI | 5,000 |
| 140 | LALBHAI AND SHAKUNTALA CHARITABLE TRUST | 5,000 |
| 141 | DR. MRUSULA K LALA | 5,000 |
| 142 | MS. ARUNABEN ZAVERI | 5,000 |
| 143 | SHRI HITESHBHAI TRIVEDI | 5,000 |
| 144 | MS. MRUDULABEN TRILOKBHAI SAIBA | 5,000 |
| 145 | SHRI ASHWIN NATVARLAL SHAH | 5,000 |
| 146 | MS. PRITIBEN PATEL | 5,000 |
| 147 | MS. NEELAM K SHAH | 5,000 |
| 148 | MS. PARTHIVI MEETAL SHAH | 5,000 |
| 149 | SHRI SHARAD JAYANT SHAH | 5,000 |
| 150 | SHRI DILIPKUMAR DESAI | 5,000 |
| 151 | BHAILAL KESHAVLAL DALAL HUF | 5,000 |
| 152 | SHRI SANJAYBHAI DESAI | 5,000 |
| 153 | MS. KIRAN TEJINDER WALIA | 5,000 |



Highlights of Support From USA -2020

- · One of the toughest years so far in more than a decade
- Accumulated donations worth \$40,000+ despite Covid pandemic
- · Conceptualized the FUNDRAISING CONCERT acquiring celebrity singers of San Francisco Bay Area namely HARJEET MEHNDI and AANAL ANJARIA.

HCF FUNDRAISING LIVE YOUTUBE WEB CONCERT

- · Both Harjeet and Aanal, The Lead Artists performed Pro Bono
- · Jagruti Desai, emceed the program donating her time and talent
- · Raj Desai, CEO of India Cultural Center Provided FREE Concert Hall
- · Achal Anjaria managed sound and Zoom tech at no cost
- · Poonam Bajaj of Sitaarre TV covered the program
- · Glimpses of Program Link:

https://www.youtube.com/watch?v=4sQLx9nwz24&feature=youtu.be

• We, THE HCF India and Kirit Shah, President-International Resource Committee-HCF are indebted to Artists, musicians, Team USA and Team India for DONATING their time and

talent





OUR ESTEEMED OVERSEAS DONORS

| | NAME OF DONOR | DONATION AMOUNT IN USD |
|----|--------------------------------|---------------------------|
| 1 | SATISH BHATT | 7,660.00 |
| 2 | SUREN KAPADIA THRU SUKARMA | 5,000.00 |
| 3 | SATISH BHATT | 5,000.00 |
| 4 | MEHUL PATEL | 5,000.00 |
| 5 | BIPIN SHAH | 2,000.00 |
| 6 | PRATIK PATEL | 1,325.00 |
| 7 | JATIN GAJARAWALA | 1,001.00 |
| 8 | NAISHADH K. & SAROJ N. SARAIYA | 1,000.00 |
| 9 | JASJIT AND GURPREET AHUJA | 500.00 |
| 10 | HARISH H. SHAH | 500.00 |
| 11 | DIPTI & BHARAT SHAH | 500.00 |
| 12 | KANU & RENUKA PATEL | 250.00 |
| 13 | BHAVESH DAVDA | 200.00 |
| 14 | RAJANI PATEL | 200.00 |
| 15 | CHANDRAKALA DOSHI | 151.00 |
| 16 | RAJAL KUSUMGAR | 150.00 |
| 17 | GIRISH H. SHAH | 150.00 |
| 18 | APEKSH DAVE | 103.53 |
| 19 | MAHESHKUMAR DESAI | 100.00 |
| 20 | ELNA MEHTA | 100.00 |
| 21 | BHARAT SHAH | 100.00 |
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| 28 | DARSHANA BHUTA | 50.00 |
| 29 | SHAILA KANAKIA | 50.00 |
| 30 | RAJ R. JHAVERI | 25.00 |



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- National Health Mission, Gujarat
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- Shri Chandrakant Sharedalal & Jayeshbhai Sharedalal
- Shri Shaileshbhai Dalal and Shri Harshilbhai Dalal Dalal Associates
- C. S. Samariya Red Cross International Eye Bank Ahmedabad
- Shri Bhaveshbhai Patel M/s. Amanta Health Care Limited
- Shri Sachinbhai Patel For hoarding advertising
- Shri Malaybhai Multani M/s Parshwa Infraventures



OPD SCHEDULE

| ORTHOPEDIC UNIT Monday, Wednesday, Friday 2 PM | CEREBRAL PALSY UNIT Friday 9:30 AM | OPHTHALMOLOGY UNIT | CENTER OF DIABETES | ENT CHECKUP Tuesday, Thursday & Saturday 10 AM to 12 PM | GASTROENTEROLOGY Thursday 4 PM |
|--|--|---|--|---|---|
| CLUBFOOT Monday, Wednesday, Friday 2 PM | AUTISM Wednesday 2 PM | GENERAL EYE CHECKUP Daily 9:30 AM to 5:30 PM | DIABETES CHECKUP Daily 9:30 AM to 1:00 PM | GENERIC MEDICAL STORE Daily 9:00 AM to 05:30 PM | NEPHROLOGY CLINIC Wednesday 09:30 AM to 10:30 PM |
| SPINE UNIT (SCOLIOSIS) Wednesday 2 PM | EEG Saturday 10 AM | DIABETIC RETINOPATHY Tuesday &Friday 2 PM | DIABETIC FOOT Daily 10 AM to 1PM | CHILD MALNUTRITION TREATMENT CENTER Daily 9:00 AM to 05:00 PM | PULMONOLOGY CLINIC Saturday 3.00 AM |
| HIP AND KNEE REPLACEMENT Monday, Friday 2 PM | SPEECH THERAPY Tuesday, Thursday 10 AM | PEDIATRIC OPHTHALMOLOGY Saturday 12 Noon | JUVENILE DIABTES CLINIC Saturday 10AM to 12NOON | MUSCULAR DYSTROPHY Saturday 12:00 Noon | GENERAL SURGEON Monday 09:30 AM to 11:00 |
| CALIPERS AND ARTIFICIAL LIMB Daily 10:00 AM to 05:00 PM | EARLY INTERVENTION CENTER (Pediatrician) Daily 10 AM | CORNEA GRAFTING Thursday 4 PM | WOMEN WELLNESS CLINIC Saturday 2 PM (appointment basis) | VACCINATION Daily 10:00 AM to 01:00 PM | HEART DISEASES |
| PAIN AND PHYSIOTHERAPY | CLEFT LIP AND PALATE UNIT Thursday 11:30 AM | RETINOPATHY OF PREMATURITY Tuesday 1 PM | Health Checkup Daily 9 AM (appointment basis) | COUNSELLING AND PSYCHOTHERAPY Daily 10:00 AM to 05:00 PM | SONOGRAPHY & MAMMOGRAPHY Monday to Friday 10 AM |
| GENERAL PHYSIOTHERAPY UNIT Daily 9 to 6 | PSYCHOLOGICAL ASSESSMENT Monday to Saturday 10 AM | CATARACT Daily 9:30 AM to 11:00 AM | PATHOLOGY LABORATORY Daily 9 AM to 5PM | YOGA Monday to Friday 08:00 AM to 11:00 AM | PEDIATRIC GENERAL SURGEON Tuesday 11:30 AM to 01:00 PM |
| PAIN MANAGEMENT CLINIC Monday, Wednesday, Friday 10 AM | DEVELOPMENTAL ASSESSMENT Thursday 10 AM | GLAUCOMA Monday 1 PM | RADIOLOGY UNIT Daily 9:30 AM to 05:30 PM | SENIOR CITIZEN WELLNESS CLINIC Monday to Friday 0200 PM | DERMETOLOGY Tuesday & Thursday 10 AM Monday & Friday9 AM |
| CANCER PAIN AND PALLIATIVE MEDICINE Tuesday 10:30 AM Wednesday, Friday 10 AM | ENT INVESTIGATIONS Tuesday, Thursday 10 AM Saturday 2 PM | ORBIT & OCCULOPLASTY Wednesday 2.30 PM | DENTAL UNIT Daily 9 AM to 5 PM | MINIMALLY INVASIVE SPINE SURGERY Friday 4 PM | UPPER EXTRIMITY Tuesday 3 PM to 4 PM |



YOU CAN DONATE TO HEALTH & CARE FOUNDATION

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