



ANNUAL 21
REPORT 22

Dear Friends and Well Wishers

It is really a pleasure for all of us to present our Annual Report with all details of our activities during 2021 - 2022 before you.

The initial months of the said year was very turbulent due to Covid - 19 situations. Many of us have lost our dear and near ones. Like other countries, we also suffered economic burden, hardship and delaying for management of chronic illness.

But the virus could not defeat spirit of the human race and ultimately we have overcome the grim situation and started with neo-normal life - but we need to remain guarded against the virus.

We believe that if someone has good will, support will automatically come. And that has exactly happened during last one year as in spite of Covid - 19 situations, we could go on adding new healthcare activities for needy people.

Looking at the high ratio of malnourished children in Gujarat, we have started a project named "RIGHT TO LIVE" in association with AMC and started taking care of malnourished children by providing diagnosis, treatment and nutritional food supported by valued donors.

We have also started TKR & Cochlear Implant surgeries at highly subsidised cost to the patients with support from respected donors.

Supported by respected donor, we have been organising outreach camps under the project named "REACH - Raise Early Awareness for Community Health" doing early screening for diabetes, breast cancer, cervical cancer, congenital birth defects in different parts of Ahmedabad and other areas and subsequently providing treatment as needed.

We express our gratefulness to all esteemed donors and doctors who have been continuously supporting us for different projects.

We intend to include more modern medical equipment in the coming days to provide better and subsequently the best medical treatments to the patients.

Last but not the least, we convey our gratitude to all our esteemed Donors, Doctors, Volunteers, Trustees, Committee Members, Yuva Team Members, well-wishers and the staff members for their contribution - involvement - support all these long years to make Health & Care Foundation what it is today.

Our heartiest regards to all



Dr. Kalpan Desai
Trustee & Hon. Secretary

Dr. Bharat Bhagat
Chairman

Dr. Prakash Bhatt
Trustee & CEO



HEALTH & CARE
FOUNDATION

NATIONAL HEALTH MISSION DISTRICT EARLY INTERVENTION CENTRE

Recognized by Government of Gujarat

For Treatment of Congenital Birth defects and Other Pediatric Conditions

Health and Care Foundation have more than 35 Years of experience in the field of congenital birth defects. Considering our expertise , Government of Gujarat has approved the hospital as DISTRICT EARLY INTERVENTION CENTRE (DEIC) since 2015; under this banner, the hospital has been rendering complete diagnosis, treatment and surgery for 28 types of congenital birth defects.



Developmental Dysplasia of the Hip
Pre - Post

Cataract Pre - Post

PROJECT - RIGHT TO LIVE MALNOURISHED CHILDREN A JOINT EFFORT OF HEALTH & CARE FOUNDATION AND AHMEDABAD MUNICIPAL CORPORATION

Out of 8300 Anganwadi children in South West Zone, 159 children are suffering from severe acute malnourishment and 601 are moderately acute malnourished children.



HCF in association with AMC has started providing supplementary nutritional food to strengthen ongoing nutrition supplementation program of children; most of mothers give a carry-away meal to other siblings due to poor economic condition of family. The gap between nutrition supplementation programs and follow-up are being taken care by HCF.

ROLE OF HEALTH AND CARE FOUNDATION

Diagnosis of
Malnourished
Children by
Pediatrician

Investigation –
Lab Reports and
X Ray Chest

Nutritional
Food
Support

Supply of Multi
Vitamin Tonic
and Other
Medicines.



Be the change you want to see in the world

– Mahatma Gandhi

TOTAL KNEE REPLACEMENT

SUPPORTED BY - RMMMRT- MUMBAI



In our Hospital, people, who don't have MAA card or mediclaim policy or financially unstable, are supported by TKR surgery at nominal cost. Imported implant from Switzerland are provided by RMMMRT, Mumbai at free of cost.

From starting of TKR surgery since December 2021, till March 2022 we have performed 20 successful surgeries

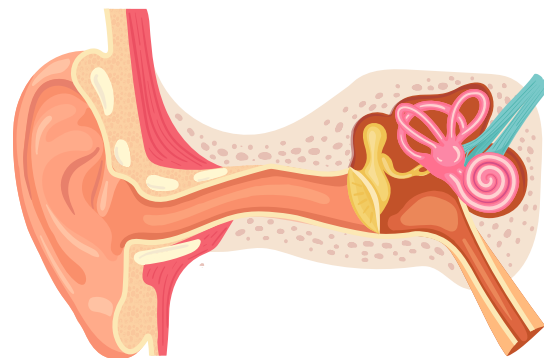
SHRAVYA C I (COCHLEAR IMPLANT) PROGRAM

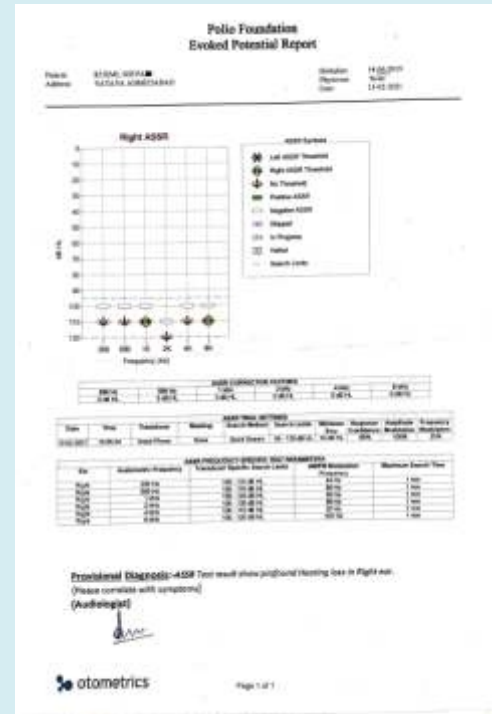
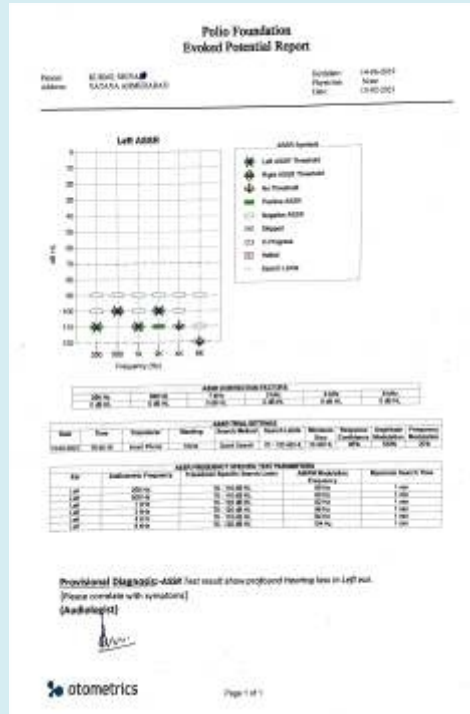
SUPPORTED BY - RMMMRT- MUMBAI

Cochlear is a sensory organ of hearing. It is a snail shaped located in the inner ear and is filled with a fluid which moves to vibrations from oval window. It is responsible to convert sound waves into electrical impulses then directing to auditory nerve.

For children up to 3 years' age who are unable to hear, with help of RMMMRT and expert surgeons, HCF organize corrective surgeries.

We have started cochlear implant surgery in January 2022 & till March 2022 we have performed 17 successful surgeries.





REACH (RAISE EARLY AWARENESS FOR COMMUNITY HEALTH)
OUTREACH SCREENING CAMP FOR DIABETES, BREAST CANCER, CERVICAL CANCER, CONGENITAL BIRTH DEFECTS
 SUPPORTED BY - CREST DATA SYSTEMS PVT LTD.

Screening camps started from 17th March 2022

Looking at the need of the hour, Health and Care Foundation with support from Crest Data Systems Pvt. Ltd is engaged in organizing free outreach camps for

Screening of Diabetes and Follow up for Secondary Investigations & Treatments

Screening for Early Detection of Breast Cancer

Screening for Early Detection of Cervical Cancer

Screening for Congenital Birth Deformities in Semi-rural or Rural Areas.



OUTREACH CAMPS



COVID MANAGEMENT CENTER

Lions Clubs International - District 3232 B1 & District 3232 B2

To cope up with effect of Covid 19 in emergency, HCF with support from Lions Clubs International and District 3232 B1 and District 3232 B2 has established Covid Management Center to help needy patients.

OXYGEN CONCENTRATOR SUPPORT

Rotary Club of Cosmopolitan Ahmedabad Foundation (C/o. Dr. Kamal C. Shah)
Dr. Pravin Sharda
Shri Pathik Patwari
Dinesh Kantilal Charitable Trust
Oswal Cables Private Limited
Lions Club Of Amdavad Samvedana (C/o. Omni Lens)



ENT UNIT

SUPPORTED BY - UNISON PHARMACEUTICALS PVT LTD

ENT specialists identify, manage, treat and perform surgery for ear, nose and throat problems. We have equipment like endoscopes, operating microscope and surgical instruments.

In our hospital several type of hearing tests like, OEA, BERA, ASSR, Impedance audiometry and pure tone audiometry are performed in sound proof room with modern equipment at either free of cost or at highly affordable cost.



PEDIATRIC ORTHOPEDIC UNIT

SUPPORTED BY - SHANTABEN KANTIBHAI PATEL (PATDIWALA)

The pediatric Orthopedic Unit at HCF provides a broad range of care for congenital birth disorders of the skeleton, joints and muscles in children. The hospital has all the facilities to perform such surgery, including the modern operation theater with modern equipment. After surgery, we also provide calipers as per the requirements of beneficiary.



Before



After



CLUBFOOT CLINIC

SUPPORTED BY - SUSHILABEN MANUBHAI PARIKH

Clubfoot is a congenital deformity in which an infant's foot is turned inward and downwards and approximately one infant in every 1,000 live births will have clubfoot.

At HCF, club foot deformities are successfully corrected with non-surgical Ponseti method followed by splints and physiotherapy. After casting period, few number of babies require tenotomy surgery to release tightness in the achilles tendon.



Pre Treatment



Ponseti



With Splint

SPINAL CORRECTIVE UNIT

SUPPORTED BY - DR. NITIN SUMANT SHAH - HEART FOUNDATION & RESEARCH INSTITUT

The Spinal Corrective Unit at Health & Care Foundation takes care of children suffering from congenital spinal problems by corrective surgery supported by modern equipment and facilities. Surgeries are critical, with duration of around 4 to 8 hours depending on severity and these are expensive. In our hospital, surgeries below the age of 18 years are done free of cost or at affordable cost

Every year, team of spinal experts comes from USA & UK to perform spinal surgeries to support us.



Before



After

CLEFT LIP & CLEFT PALATE

Cleft lip and palate are one of the most common birth defects. Cleft lips mostly seen in boys, while cleft palate is seen in girls and occurs about 1 to 2 per 1000 births in the world. Cleft lip and palate is surgically repaired in the hospital totally free of cost under expert plastic surgeons and supported by **KAMLA FOUNDATION, UK**. Surgery can significantly improve child's appearance, quality of life, and ability to eat, breathe and talk.



Before



After

Cleft Lip

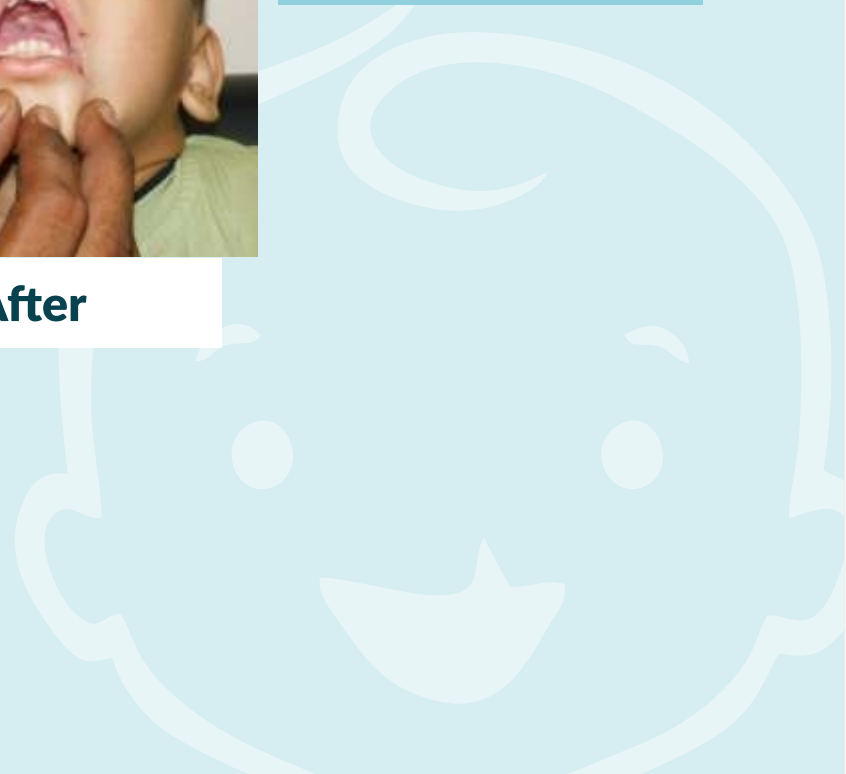


Before



After

Cleft Palate





CEREBRAL PALSI UNIT

JIVRAJPARK CENTER- SHAH CHIMANLAL CHHOTALAL LOKHANDWALA CHARITABLE TRUST
NIKOL UNIT SUPPORTED BY - LATE DR. J C SHAH & AHMEDABAD MUNICIPAL CORPORATION
DCU SUPPORTED BY - SMT. SHANTABEN JAYANTILAL CHOKSI, C/O. SHRI J. J.
CHOKSI

Our foundation has been running units for cerebral palsy children, which is usually neglected by community. Under this unit, we have been providing different type of therapies which help children to maximize their abilities and physical strength, prevent complications, and improve their quality of life and expert doctors perform regular diagnosis of the children to ensure their assessments and proper rehabilitation.



AUTISM UNIT

SUPPORTED BY - LATE SHARMISHTHABEN MANUBHAI SHAH (BADARPURWALA)

Autism is a complex neurological disorder impacting the normal development process of the child. Usually, it is found in 2 children per 1000 live births. Children become hyperactive due to autism.

Our intervention covers Behavioral Therapy, Speech Therapy, Social Skills Training, Yoga and Meditation Therapy, Sensory Integration (S.I) Therapy, and learning Alternative mode to develop communication skills.



VOCATIONAL TRAINING CENTRE

SUPPORTED BY - SHREE GUJARAT VAISHYA SABHA

Vocational Training Unit helps in developing grown up special child's unique capabilities while helping them achieve economically independence. In this department, we have been providing training to disabled & mentally retarded persons above the age of 18 years so they can prepare different items such as Paper Bags, Rakhis, Foot Mats, Diyas etc.





HEALTH & CARE
FOUNDATION

CHILD MAL-NUTRITION TREATMENT CENTER (CMTC)

SUPPORTED BY - SRIMATI MANJULABEN JAYANTILAL SONI

A JOINT EFFORT OF HCF AND AMC



CMTC center is an exclusive 6 bedded ward, where we provide highly nourished balanced food having rich protein and vitamin for mother and the child. Coordination and follow ups through Anganwadi workers; the unit is managed by expert doctors and trained staff.

**PRAVINBHAI
BALUBHAI
CHARITY TRUST**



*The end result of kindness is that it
draws people to you*

- Anita Roddick

OPHTHALMIC DEPARTMENT



As India has the highest number of visually challenged persons in the world, the importance of this unit is immense. Visual impairment has various causes, but it is felt that over 75% of cases could be prevented if treatment made available.

We have been providing all facilities under one roof for prevention of blindness through investigations, treatment and advanced surgery for all age group of patients. Under this unit, General eye check-ups, vision test are done in the OPD and necessary surgeries done by expert consultants. All these facilities are provided either free of cost or at highly affordable cost with help of modern equipment and expert ophthalmologists and surgeons.

Under this department we have units for

**CORNEA
GRAFTING**

**GLAUCOMA
ISSUES**

**RETINAL
PROBLEMS**

**ORBIT AND
OCULOPLASTY
SURGERY**



INVESTIGATIVE DIABETIC RETINOPATHY CLINIC RAMANGOURI AND HIRALAL SHAH

SUPPORTED BY - HIRALAL J SHAH CHARITABLE TRUST



Diabetics often suffer from the growth of new blood cells from the retina into the vitreous humor, which cause bleeding and stretching of the retina. Early diagnosis can preempt surgical intervention; HCF provides OCT procedures and advanced cases are treated by laser and injection at HCF.

SCREENING OF DIABETIC RETINOPATHY AT OUTREACH CAMPS

SUPPORTED BY - SMT SMITABEN AND SHRI KIRITBHAI SHAH (USA)

Diabetic retinopathy is diagnosed in outreach camps and subsequently treated in our hospital by way of laser therapy and injection as needed.



RETINOPATHY OF PREMATUREITY

SUPPORTED BY - PARAMPUJYA ACHARYA SHREE KALYANSAGARSURISHWARJEE MAHARAJ SAHEBAMOLA SURENDRABHAI MANGALDAS KACHRABHAI PARIVAR (TINTODAVALA)



Retinopathy of Prematurity (ROP) is a premature infants when normal blood vessels fail to complete their growth cycle to the edges of the retina. In its advanced stages, the untreated disease can result in permanent and complete blindness. Retinopathy of Prematurity is the leading cause of childhood and infant blindness in the world.

High-risk infants are screened by our technical team with special camera and treated as required to avoid blindness by Retinal surgeon.

PEDIATRIC OPHTHALMOLOGY UNIT

SUPPORTED BY - SHETH HARILAL HARIVALLABHDAS TRUST

Since the visual system is in a developing phase in childhood, hence it is imperative that any eye disorder in children be identified and rectified as early as possible. Pediatric Ophthalmologists treat eye defects like Cataract, Squint, Glaucoma, Keratoconus in children at free of cost.



CENTRE FOR DIABETES - AWARENESS AND DETECTION

SUPPORTED BY - LALJI MEHROTRA FOUNDATION

India has the highest number of diabetes patients in the world – irony is that Gujarat's diabetes ratio is higher than all India average. CENTRE FOR DIABETES run by our trust to organize outreach screening camps in community places for diabetes. After primary screening, if found positive, patients are advised to come to our hospital for all secondary investigations which are done totally free of cost. We organize awareness seminars, talk-shows also for prevention of diabetes. We also run a **Diabetes club** to help the patients continuously on long term basis under Diabetics Membership Card.

Secondary investigations just INR 100/-	Tertiary care Treatment Just INR 500/-
FBS / PPBS 6 times in a year	Heart 2D Echo
Physician Reference 4 times in a year	Kidney Electrolytes (NA+, K+, Cl)
Eye Fundus Check-up 2 times in a year	Kidney Sonography of Kidney
ECG 2 times in a year	Eye FFA or Fundus Photos + OCT
Serum Creatinine 1 time in a year	Foot Podiascan and Thesiowin

DIABETIC FOOT CLINIC

SUPPORTED BY - MADHURAM

Our diabetic foot clinic provides all facilities by modern computerized foot equipment and specialized consultants. Regular follow up can save the complications of diabetic foot. Beside this, in our modern workshop, we prepare diabetic foot ware and foot insoles at a very affordable cost.

JUVENILE DIABETES CENTRE

SUPPORTED BY - SOPHOS

Type 1 diabetes is fatal unless treated with proper care and insulin. We have been treating all kids by most common method of administering insulin. We provide them insulin at subsidized cost supported by Donors.

Dialysis Unit

UNIT-1
LATE LALIT SHAH DIALYSIS UNIT
SUPPORTED BY:
LATE SUDHIRBHAI SARABHAI CHOKSI
FAMILY & PRAVINBHAI BALUBHAI
CHARITY TRUST

UNIT-2 & 3
PRAVINBHAI BALUBHAI CHARITY TRUST

We have been providing dialysis procedures to needy people by modern equipment, under experienced dialysis technicians and expert doctors at free of cost for MAA and PMJAY card holders and at nominal costs for others.



WOMEN WELLNESS CLINIC

SUPPORTED BY - SMT KALABEN ARVINDBHAI NANAVATI

Supported by - LATE DHANLAKSHMIBEN MANILAL RANCHDDAS

Breast Cancer and Cervical Cancer is the most common cancer in women and the second most common cancer to cause death in women. We provide all types of sonography and mammography at HCF

I-BREAST EXAMINATION AND AWARENESS CAMPS

SUPPORTED BY - SHILP GRAVURES LTD

Device Supported By - U & U LTD -UK A NEW WAY TO DETECT BREAST CANCER



HCF regularly conducts Outreach Breast Screening Camps for awareness and early detection of Breast Cancer by i-Breast exam device in and around Ahmedabad city. Those who need additional investigation, we counsel them to attend hospital for tests like Mammography and Sonography of Breast.

MULTISPECIALTY DIAGNOSTIC CLINIC

SUPPORTED BY - SHRIMATI KALABEN ARVINDBHAI NANAVATI

Understanding the high cost of Specialist Services, we run Multispecialty Diagnostic Clinic. Under this clinic, we have been offering services like Gastroenterology, Pulmonology, Upper Extremity Orthopedic, Nephrology, General Surgery, Pediatric General Surgery, Sonography, Cancer Pain and Palliative Medicine & Dermatology which provide diagnostic facilities at highly subsidized rate.



DENTAL UNIT

SUPPORTED BY - SMT. CHANDRAVATIBEN CHIMANLAL SHAH - SHRI C.C. SHAH (BAUSHIR M. MARFATIA AND CO.) FROM HIS FAMILY AND SHRI PARSHWANATH CAHRITABLE TRUST AND SHRI MAHAVIR TRUST - SMT. AMLABEN AND SHRI RAJESHBHAI C. SHAH AND PRABHAVATIBEN HIRABHAI BHAGWATI



A fully integrated Dental unit providing sustainable solutions in the field of Dentistry having state of the art infrastructure, Equipment & Instrumentation, world class procedures. We have been providing facilities namely Root canal, Ceramic & Metallic cap, Filling, Scaling, Extraction, X Ray, Denture, Implants, Periodontal Surgery, Ortho Treatment, Veneers (Smile Designing) etc. treatment at highly affordable cost.

PAIN MANAGEMENT CLINIC

Our pain management clinic provides comprehensive care for people living with chronic pain, for whom medication & other therapies are ineffective. The cause of pain is thoroughly analyzed by qualified pain physicians & treatment options like medication and different procedures, therapies- sometime by Injection, Ozone therapy, Radio-Frequency therapy are provided as per need.

PEDIATRIC DIAGNOSTIC UNIT

SUPPORTED BY - SMT SMITABEN AND SHRI KIRITBHAI SHAH

Children are diagnosed, investigated and treated for different diseases by expert pediatrician under this unit at very nominal cost



HEALTH CHECKUP CENTER

SUPPORTED BY - LATE SHRIMATI KANCHANGAURI JAMNADAS SHAH

To prevent the onset of diseases and illness, it is important that you build the foundation of a strong protective wall. We have been providing health checkup facilities including blood test, kidney and liver function test, thyroid test, ECG for cardiac, X ray, Eye checkup, Dental checkup at highly nominal cost

GENERIC MEDICINE CENTRE

SUPPORTED BY - MAHALAXMI MATA TRUST (PALDI)

HCF help needy people who buy medicines by providing them access to genuine generic medicines at discounted prices. We are highly thankful to Shri Bipinbhai Shah and Mahalaxmi Mata Trust (Paldi) for their generous support.

RADIOLOGY UNIT

Radiology unit provides X ray chest, Upper – lower limb and spine x ray by modern equipment, In addition we provide 2D Echo, Ultra sound sonography.

PATHOLOGY UNIT

SUPPORTED BY - SULOCHNA C DALAL

Our pathology laboratory is always focusing on quality testing, timely report to provide early treatment. All types of blood and urine investigations are done with best modern equipment using quality reagents at highly nominal cost.

PROSTHESIS AND ORTHOSIS WORKSHOP

We have been preparing different types of splints, high tech limbs, calipers, spinal braces, diabetic foot wear, insole and artificial limbs for needy people at nominal cost at highly subsidize rate.

MUSCULAR DYSTROPHY UNIT

SUPPORTED BY - LATE SADGUNABEN RATILAL ZAVERI

We run Muscular Dystrophy unit which is basically incurable diseases with support from INDIAN MUSCULAR DYSTROPHY SOCIETY AND RESEARCH CENTER and we have been providing our best for unfortunate patients as well as medicines under this mission.



GENERAL PHYSIOTHERAPY UNIT

SUPPORTED BY - UGARCHAND PATEL

We provide advanced assessment and therapies to address neuro-musculoskeletal injury and dysfunction. We provide rehabilitation solutions utilizing an individualized, single or multi-disciplinary approach to do maximum acquire function at work play or activities in daily life.

SENIOR CITIZEN CENTER

SUPPORTED BY - RATIBHAI G PATEL

Our motto is to provide a holistic service to ensure physical, mental and social wellbeing of senior citizens. We provide facilities such as entertainment, yoga, once a month blood sugar check, every week blood pressure measurement, indoor games and library.

VACCINATION CENTER

SMT SMITABEN & SHRI KIRITBHAI SHAH USA
PRAVINBHAI BALUBHAI CHARITY TRUST
AHMEDABAD MUNICIPAL CORPORATION

The vaccination center is providing vaccinations and plays a vital role to improve the health status of community. This center serves indoor and outdoor neonates, children, Adolescent Girls and women by providing life-saving vaccines free of cost which is provided by AMC; other type of vaccines for children and women are provided at subsidized cost or free of cost to underprivileged people. The center organizes outreach camps at different locations for providing vaccines at the camp site.

*The simplest acts of kindness are
by far more powerful than
a thousand heads bowing in prayer*

- Mahatma Gandhi

HAPPENINGS

HEALTH & CARE FOUNDATION
Charitable Hospital

HAPPENINGS - APRIL 2021

Stephane's Playdate Flight Support Program

Dr. Hisham Al-Hadi, Director of Endocrinology, Diabetes and Metabolic Diseases, Health & Care Foundation, has successfully completed a 4-week training course in the field of Endocrinology, Diabetes and Metabolic Diseases, organized by the American Diabetes Association (ADA) in the United States.

HEALTH & CARE FOUNDATION
Charitable Hospital

HEALTH & CARE FOUNDATION
Charitable Hospital

Happenings - May 2021

COVID-19 Vaccination Distribution

Dr. Hisham Al-Hadi, Director of Endocrinology, Diabetes and Metabolic Diseases, Health & Care Foundation, has successfully completed a 4-week training course in the field of Endocrinology, Diabetes and Metabolic Diseases, organized by the American Diabetes Association (ADA) in the United States.

HEALTH & CARE FOUNDATION
Charitable Hospital

Happenings - June 2021

Added Services:

- Started OPD by MD Physician
- Orthopedic and all types of Emergency Trauma OPD on a week days
- Started Physiotherapy Center

HEALTH & CARE FOUNDATION
Charitable Hospital

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HAPPENINGS JULY 2021

Dr. Hisham Al-Hadi, Director of Endocrinology, Diabetes and Metabolic Diseases, Health & Care Foundation, has successfully completed a 4-week training course in the field of Endocrinology, Diabetes and Metabolic Diseases, organized by the American Diabetes Association (ADA) in the United States.

HEALTH & CARE FOUNDATION
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AUGUST 2021 - HAPPENINGS

Dr. Hisham Al-Hadi, Director of Endocrinology, Diabetes and Metabolic Diseases, Health & Care Foundation, has successfully completed a 4-week training course in the field of Endocrinology, Diabetes and Metabolic Diseases, organized by the American Diabetes Association (ADA) in the United States.

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HAPPENINGS SEPTEMBER 2021

Dr. Hisham Al-Hadi, Director of Endocrinology, Diabetes and Metabolic Diseases, Health & Care Foundation, has successfully completed a 4-week training course in the field of Endocrinology, Diabetes and Metabolic Diseases, organized by the American Diabetes Association (ADA) in the United States.

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HAPPENINGS OCTOBER 2021

Dr. Hisham Al-Hadi, Director of Endocrinology, Diabetes and Metabolic Diseases, Health & Care Foundation, has successfully completed a 4-week training course in the field of Endocrinology, Diabetes and Metabolic Diseases, organized by the American Diabetes Association (ADA) in the United States.

HEALTH & CARE FOUNDATION
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HAPPENINGS NOVEMBER 2021

Dr. Hisham Al-Hadi, Director of Endocrinology, Diabetes and Metabolic Diseases, Health & Care Foundation, has successfully completed a 4-week training course in the field of Endocrinology, Diabetes and Metabolic Diseases, organized by the American Diabetes Association (ADA) in the United States.

HEALTH & CARE FOUNDATION
Charitable Hospital

HAPPENINGS JANUARY - 2022

Cochlear Implant Surgery for Hearing Children

Dr. Hisham Al-Hadi, Director of Endocrinology, Diabetes and Metabolic Diseases, Health & Care Foundation, has successfully completed a 4-week training course in the field of Endocrinology, Diabetes and Metabolic Diseases, organized by the American Diabetes Association (ADA) in the United States.

HEALTH & CARE FOUNDATION
Charitable Hospital

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Charitable Hospital

HAPPENINGS FEBRUARY 2022

PROJECT FOR PA. W.L.P. SHED IN LOVEN

TOTAL KNEE REPLACEMENT AND COCHLEAR IMPLANTS SURGERIES

HEALTH & CARE FOUNDATION
Charitable Hospital

HEALTH & CARE FOUNDATION
Charitable Hospital

HAPPENINGS - MARCH 2022

Dr. Hisham Al-Hadi, Director of Endocrinology, Diabetes and Metabolic Diseases, Health & Care Foundation, has successfully completed a 4-week training course in the field of Endocrinology, Diabetes and Metabolic Diseases, organized by the American Diabetes Association (ADA) in the United States.

HEALTH & CARE FOUNDATION
Charitable Hospital

HAPPENINGS DECEMBER - 2021

Total Knee Replacement Surgeries

i-breast screening

HEALTH & CARE FOUNDATION
Charitable Hospital



DEPARTMENT WISE DATA YEAR 2021-22

RIGHT TO LIVE			CREST DATA SYSTEMS PVT LTD OUTREACH SCREENING CAMP			VACCINATION CENTER			
Malnourished children	Screening 1 st Time	Till March Result Normal Children		Diabetes & Secondary Investigations	I Breast Sreening	Cervical Cancer	Total Children screened	Vaccinated babies	New Beneficiaries
200	109	59	Screening Camps	3	5	4	1741	640	784
			Beneficiaries	207	142	37			

SPINAL CORRECTIVE SURGERY UNIT			CLEFT LIP & CLEFT PALATE			CENTRE FOR DIABETES		DIABETIC FOOT		
New Beneficiaries	Follow-up Beneficiaries	Surgery Done	New Beneficiaries	Follow-up Beneficiaries	Surgery Done	New patient	Follow-up patient	New patient	Follow-up patient	Procedure
33	11	16	29	27	20	716	3960	159	426	216

CEREBRAL PASLY UNIT- JIVRAJP

DCU						ASSESSMENT			
Nuero	Developmental Delay	Autism	CP	MR	Autism	OT	PT	Speech	Psychotherapy
328	7	71	322	453	226	378	356	120	62

AUTISM UNIT					VOCATIONAL TRAINING CENTRE		
Autism	Pediatric Neuro and Orthopedic	Pediatrician	DCU	Early Intervention	Diya	Paper bags	Rakhi
71	5	67	3	238	13900	4425	1210

OPHTHALMIC

GENERAL OPHTHALMOLOGY			CORNEA GRAFTING UNIT			GLAUCOMA UNIT				
New patient	Follow-up patient	Adult Cataract	New patient	Follow-up patient	Surgery	New patient	Follow-up patient	Perimetry	Pachymetry	
2366	2250	287	52	67	3	100	150	29	19	

INVESTIGATIVE DIABETIC RETINOPATHY CLINIC				SCREENING OF DIABETIC RETINOPATHY AT OUTREACH CAMPS		RETINOPATHY OF	
OCT	FFA	Laser	Injection	Camp site	Screening patients	New babies	Follow-up
168	12	49	138	4	450	3243	1090

MULTISPECIALTY DIAGNOSTIC CLINIC								
SPECIALITY	Gestro	Nephro	Pulmo	General surgeon	Pediatric general surgeon	Dermetology	Upper extremity	Mis
NEW BENEFICIARIES	28	51	29	60	7	222	190	68
FOLLOWUP	10	73	19	10	0	166	63	13

ENT UNIT			PEDIATRIC ORTHOPEDIC UNIT			CLUBFOOT CLINIC			
Follow-up Beneficiaries	Surgery and procedure	Speech Therapy	New Beneficiaries	Follow-up Beneficiaries	Surgery done	New Beneficiaries	Follow-up Beneficiaries	Ponseti	Tenotomy
449	162	143	316	158	139	38	60	84	30

JUVENILE DIABETES CENTER			DIALYSIS UNIT	NANAVATI WOMEN WELLNESS CLINIC					I-BREAST EXAMINATION	
New patient	Follow-up patient	Registered beneficiaries	Total Procedure	New patient	Follow-up patient	Sonography	PAP test	Mammography	No. of Camps	No. of Beneficiaries
25	567	388	6471	109	10	290	120	327	41	1113

ARK CENTER AND NIKOL CENTER

THERAPY									
	PT	OT	SI	ADL	PLAY	Speech	Special Education	Behaviour therapy	Psychotherapy
Jivrajpark Unit	6446	7175	2512	1972	1981	84	3208	1768	38
Nikol Unit	3641	2617	966	1320	1019	-	-	-	-

HEALTH CHECK UP	PAIN MANAGEMENT CLINIC			NEW BENEFICIARIES		GENERIC MEDICINE CENTRE
Total beneficiaries	New beneficiaries	Follow-up beneficiaries	Procedure	New Beneficiaries	Follow up beneficiaries	Total beneficiaries
2484	645	361	144	655	572	14796

DEPARTMENT

	RETINA UNIT							ORBIT AND OCULOPLASTY SURGERY UNIT		
Surgery	New patient	Follow-up patient	OCT	Treatment	FFA	Laser	Injection	New patient	Follow-up patient	Surgery
6	400	554	168		12	49	138	68	63	19

PREMATURITY UNIT		PEDIATRIC OPHTHALMIC UNIT			DENTAL UNIT		
Positive eyes	Treated Eyes	New Children	Follow-up	Pediatric Cataract	New Beneficiaries	Follow up beneficiaries	Treatment
485	146	218	134	25	2096	5497	4211



COMMITTEE

TRUSTEES

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FOUNDATION

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	NAME	DONATION IN INR
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139	SHRI RAJESHKUMAR H ACHARYA	10,000
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	NAME	DONATION IN INR
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155	SHRI DIVYANG S PANDYA	5,000
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157	DR PANKAJ M SHAH	5,000
158	SMT JAYABEN V PATEL	5,000
159	SHRI JITENDRA DASHRATHLAL SHAH	5,000
160	LALBHAI AND SHAKUNTALA CHARITABLE TRUST	5,000
161	SMT MONAL SUJAN SHAH	5,000
162	MRS. ANJANA ASHWIN BHATT	5,000
163	SHRI NIREN H SHAH	5,000
16	4SHRI NITINBHAI Y DIVATE	5,000
165	SHRI SHILPA S GANDHI	5,000
166	SMT MANJULABEN NAVINCHANDRA SOLANKI	5,000
167	SHRI GAURANG PANDYA	5,000
168	SHRI S J MUNSHAW	5,000
169	SHRI MRUGEN KAMLESHBHAI SHAH	5,000
170	SMT RAJAN LALITMOHAN PARIKH	5,000
171	SMT AMI HIREN JANI	5,000
172	SMT RASILABEN AMIN	5,000
173	SMT RANJANBEN AMIN	5,000
174	SMT AVNIBEN SHAH	5,000
175	SHRI VAIBHAV PATEL	5,000
176	SMT SONAL PREMAL PAREKH	5,000
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6	APEKSH DAVE	510.06 USD
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10	HARENDRA AND NEELA PAREKH	1000 USD
11	NILAY BANKER	15,000 USD

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Shri Malaybhai Multani - M/s Parshwa Infraventures

OUR SINCERE THANKS



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VENTURES



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Dr. Devang Parikh Anesthetist	Dr. Gautam Prajapati Anesthetist	Dr. J. R. Belani Anesthetist	Dr. Kant Modi Anesthetist
Dr. Manoj Katharia Anesthetist	Dr. Mansi Shah Anesthetist	Dr. Maulik Mehta Anesthetist	Dr. Minesh Patel Anesthetist
Dr. Mithun Anesthetist	Dr. Piyush Goswami Anesthetist	Dr. Rohit Parekh Anesthetist	Dr. Umesh Parikh Anesthetist
Dr. Vishmay Thakkar Anesthetist		Dr. Mayur Bhavsar Anesthetist	

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Dr. Harshruti Shah Neuro Physician	Dr. Nitish Vora Neuro Physician	Dr. Prakash Chauhan Orthopedic Surgeon	Dr. S. R. Apte Occupational Therapist
Dr. Varsha Tripathi Neuro Physician			

DENTAL UNIT

Dr. Arpit Halani Dental	Dr. Harshil Jhaveri Dental	Dr. Jeet Naik Dental	Dr. Pratik Shah Dental
Dr. Rahul Bachvani Dental			

DERMETOLOGY UNIT

Dr. Laxman Malodia Dermatology
--

CENTER OF DIABETES

Dr. Bharat Mehta Diabetes Physician	Dr. J C Mehta Diabetes Physician	Dr. Navin Patel Diabetic Foot surgeon
---	--	---

JUVENILE DIABETESE CLINIC

Dr. Ramesh Goyal Endocrinology	Dr. Ruchi Shah Endocrinology	Dr. Rutul Goklani Endocrinology	Dr. Shalmi Mehta Endocrinology
Dr. Shrikant Somani Endocrinology			

ENT UNIT

Dr. Prakash Bhatt ENT	Dr. Amrish Soni ENT	Dr. Ansu Singh ENT	Mr. Sanket Mehta Audiologist and Speech Therapist
Mr. Santosh Kumar Audiologist			



GENERAL PHYSICIAN

Dr. Shubha Desai
General Physician

MULTISPECIALITY UNIT

Dr. Apoorva Patel General Surgeon	Dr. Jatin Patel Gastroenterologist	Dr. Jay Panchal Cancer Pain Palliative care	Dr. Keyur Shah Dermatologist
Dr. Pinakin Patel Multi Speciality	Dr. Pratik Patel Pulmonologist	Dr. Praveen Sharda Upper extremity Orthopedic Surgeon	Dr. Rupen Panchal Nephrologist
Dr. Sudhir Chandarana Pediatric General Surgeon		Dr. Trupti Patel Sonographer	

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Dr. Sajni Shah Pediatric Ophthalmic Surgeon	DR. Shefali Maheshwari Glaucoma Surgeon	Dr. Sonal Kochar Corneal Surgeon	Dr. Juhi Shah Orbit and Oculoplasty Surgeon

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Dr. Manish Misry Orthopedic Surgeon	Dr. Maulin Shah Orthopedic Surgeon	Dr. Nitin Goswami Orthopedic Surgeon	Dr. Pragnesh Shah Orthopedic Surgeon
Dr. Prakash Amin Orthopedic Surgeon		Dr. Prakash Chauhan Orthopedic Surgeon	

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Pain Clinic

Dr. Divya Chokshi
Pain Clinic

Dr. Meeta Joshi
Pain Clinic

Dr. Monika Sharma
Pain Clinic

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Dr. Rutvij Parikh
Plastic Surgeon

Dr. Ravi Kalola
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Radiologist

SPINAL CARE UNIT

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Spine Surgeon

Dr. Dhruv Patel
Minimally Invasive Spine Surgeon

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Dr. Anila Kapadia
Onco Gynecologist

Dr. Kshama Shah
Gynecologist

Dr. Shakuntala Shah
Onco Surgeon

Dr. Shefali Desai
Breast Surgeon



OPD UNIT

Dr. Malti Shah
Medical Director

Dr. Pankaj Rawal
Medical Superintendent

Mr. Anadinath Banerjee
Head - Hr & Administration

UNIT	SCHEDULE	TIMING
General Ophthalmology	Daily	9.00 am to 11.00 am
Psychological Assessment	Daily	10.00 am to 5.00 pm
Pediatrician	Daily	10.00 am
Diabetes Checkup	Daily	9.30 am to 1.00 pm
Dental Checkup	Daily	9.00 am to 5.00 pm
Pathology Laboratory	Daily	8.30 am to 5.30 pm
Radiology	Daily	8.30 am to 5.30 pm
Physiotherapy	Daily	9.00 am to 6.00 pm
Health Checkup	Daily	8.30 am
P & O Workshop	Daily	10.00 am to 6.00 pm
Vaccination	Daily	10.00 am
Generic Medical Store	Daily	9.00 am
CMTC Center	Daily	10.00 am to 5.00 pm
General Practitioner	Daily	10.00 am to 12.00 noon
Glucoma	Monday	1.00 pm
Adult Orthopedic Foot Deformity	Monday	2.00 pm
General Surgeon	Monday	9.30 am
Dermetology	Monday / Friday	9.00 am
	Tuesday / Thursday	10.00 am
Clubfoot	Monday / Wednesday	2.00 pm
Pediatric Orthopedic Foot Deformity	Monday / Wednesday	2.00 pm
Mammography	Monday / Wednesday / Friday	10.00 am to 12.00 noon
Pain Management Unit	Monday / Wednesday / Friday	10.00 am
Sonography	Monday to Friday	10.00 am to 12.00 noon

UNIT	SCHEDULE	TIMING
Senior Citizen Wellness Center	Monday to Friday	2.00 pm to 6.00 pm
Speech Assessment	Tuesday / Thursday / Saturday	10.00 am to 2.00 pm
Nephrology	Wednesday	9.00 am
Orbit and Occuloplasty	Tuesday	2.300 pm
Retinopathy of Prematurity	Tuesday	1.00 pm
Scoliosis Deformities	Tuesday	1.00 pm
Autism	Tuesday	2.00 pm
Pediatric General Surgeon	Tuesday	11.30 am
Upper Extrimity Deformity	Tuesday	3.00 pm
Diabetic Retinopathy	Tuesday / Friday	1.00 pm
Cancer Pain and Palliative Care Unit	Tuesday / Friday	10.30 am to 12.00 noon
2D Echo	Tuesday / Friday	10.00 am
ENT checkup	Tuesday / Thursday	9.00 am to 11.00 am
MD Physician	Thuesday / Thursday Saturday	3.30 pm
Cornea Grafting	Thursday	3.00 pm
Developmental Assessment	Thursday	10.00 am
Cleft lip and Palate	Thursday	11.30 am
Cerebral Palsy	Friday	9.00 am
Diabetic Foot	Friday	10.00 an
Gastroentrology	Friday	3.00 pm
Minimally Invensive Spine Surgery	Friday	4.00 pm
Pediatric Ophthalmology	Saturday	12.00 noon
Juvenile Diabetes	Saturday	10.00 am
Pulmonology	Saturday	3.00 pm
Mascular Dystrophy	Saturday	12.00 noon to 3.00 pm
PFT	Saturday	3.00 pm



YOU CAN DONATE TO HEALTH & CARE FOUNDATION

With IT Exemption

Corpus / 80G / CSR
Corpus / 80G Provisional Approval Number - AAATP1480HF20214
CSR - CSR00005410
Bank Name - BANK OF INDIA
Bank Account No - 204710110002409
Bank Address - Deep Shanti, 1st Floor, Anjali Cross Road, Paldi, Ahmedabad, Gujarat 380007
IFSC Code - BKID0002047
MICR Code - 380013064

Without Exemption

Bank Name - THE KALUPUR COMMERCIAL CO-OPERATIVE BANK LTD
Bank Account No - 02010114196
Bank Address - Near Ratnasagar Flat, Kesariyaji Cross Road, Jivrajmehta Hospital Road, Vasna, Ahmedabad - 380 007
IFSC Code - KCCB0VSN020
MICR Code - 380126019

FCRA DETAIL

HEALTH AND CARE FOUNDATION
FCRA Certificate No. 041910250
Bank Name - STATE BANK OF INDIA
Bank Account No - 40096251727
Bank Address - FCRA cell, 4th Floor, State Bank of India, New Delhi Main Branch, 11, Sansad Marg, New Delhi - 110001
IFSC Code - SBIN0000691
MICR Code - SBININBB104

OR

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CONTACT :+310 707 1151
CONTACT PERSON:
SHRI PARAGBHAI - + 310 707 1151
Email ID : parag@arpanfoundation.org
MR. KIRIT SHAH - +15108614080
Email ID : kiritshah@yahoo.com
WEBSITE : <https://arpanfoundation.org>
Donation in USD is tax deductible 501(C) 3 Tax ID #20-5593243



*If you want to walk fast walk alone
but if you want to walk far walk together*

- Ratan Tata

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